



Just as we cannot expect students to automatically know how to read, we cannot expect students to automatically develop executive **functioning skills** like organization, time management, etc. @mindfulteacherrachel





Executive Functioning Skills are the mental processes that enable us to plan, focus attention, remember instructions, and juggle multiple tasks successfully.



...improving executive function seems like a potentially promising vehicle for narrowing the achievement gap between poor kids and middleclass kids...if we can improve a child's environment in the specific ways that lead to better executive

functioning, we can increase his prospects for success in a particularly efficient way."

Paul Tough - How Children Succeed



Executive functioning skills are not *taught*!!



They are best *learned* when students clearly see them modeled while getting daily practice employing them by engaging in the predictable daily learning routine!









"With training and practice, children can learn to master memory, organizational, and other strategies that will serve to make them more independent learners and also help to level their academic playing field."

Mark Katz - Classroom Strategies for Improving Working Memory



Why EFs Have Not Been Taught?

1. Time Crunch.

2. Zone of Genius.





3 Keys for Teaching EFs

Clarity

Routine

Modeling





Clarity

"Ambiguity is the enemy. Any successful change requires a translation of ambiguous goals into concrete behavior. In short to make a switch, you must script the critical moves."

Chip Heath and Dan Heath, Switch: How to Change Things When Change is Hard



Organized Binder

1" Term Goel			
Daily Task			
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A: Goals

Syllabus

(B) 999999

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C: Agendas

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Essential Qu	estion(s) for this Unit		
	Assignment	Date	Score
1			1
2			1
3			1
4			1
5			1
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D: Binder Check

* Term Pas	ses From_	Classroor
The Bathroom	Garage Vour Locker	Time Room # Another Classer
The Bathroom	Your Locker	Time Room # The Water Fountain I The Office I Another Classro Teacher Signature
The Bathroom	Garage Vour Locker	Time Room # The Water Fountain The Office Another Classer Teacher Signature
d Term Pas	ses From	Classroor
First Pass	Date Jour Locker	Classroon
First Pass The Bathroom Other Second Pass The Bathroom	Date Your Locker Date Your Locker	Time Room # The Water Fountain The Office Another Classe

E: Syllabus

F: Academic Toolkit

G: Table of Contents

H: Passes (optional)



B: Weekly Lifelines

	Academic Toolkit My List of Academic Tools
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G4	
G5	
G8	
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G8	
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G10	
G11	
G12	
G13	
G14	
G15	
G16	
G17	
G18	
G19	
G20	

Routine

"One of the biggest ironies...is that many of the tools likely to yield the strongest classroom results remain essentially beneath the notice of our theories and theorists in education. Consider one unmistakable driver of students' achievement: Carefully built and practiced routines..."

Doug Lemov, Teach Like A Champion



Predictable Routine

"Organized Binder has seen and taken action on what so many teachers tend to overlook- students' lives outside of school are unknown! Students who do not know how to be, act, and/or learn like a student don't know how because they have NOT learned it!!!! Not only did you take note of this, but you came up with a way to change it."

Middle School Teacher, Scotts Valley Middle School, Scotts Valley, CA



Daily Routine



Repetition

"The importance of repetition cannot be understated. In fact, it should be repeated that repetition is an essential learning aid. It allows a conscious skill to transfer into one's subconscious, freeing up working memory and allowing for further skills learning."

The Power of Repetition



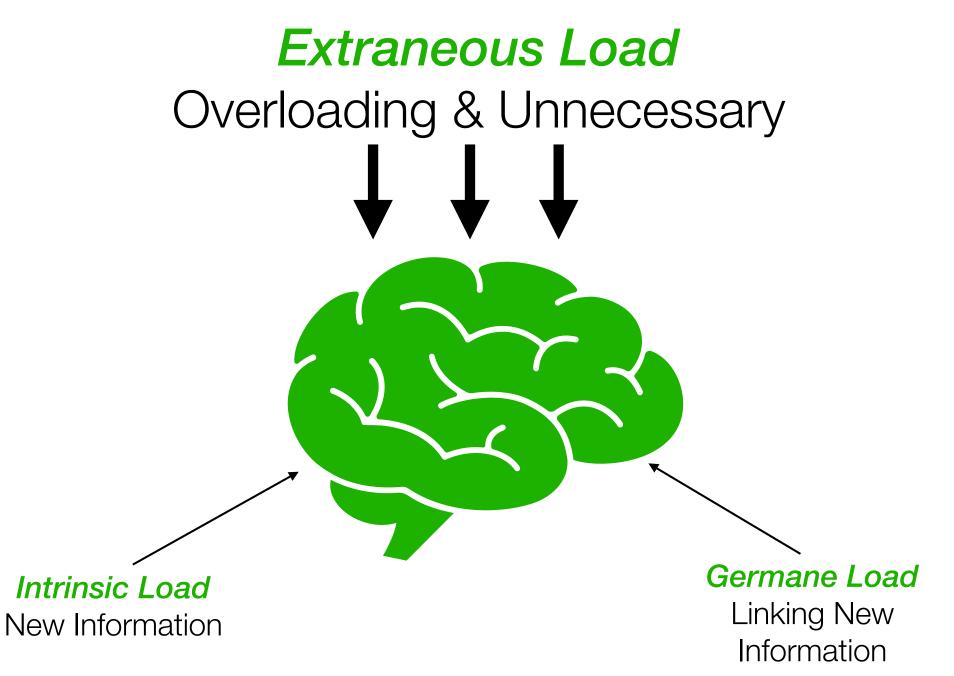
Shared Routine

"Cognitive load" relates to the amount of information that working memory can hold at one time...since working memory has a limited capacity, instructional methods should avoid overloading it with additional activities that don't directly contribute to learning.

Cognitive Load Theory John Sweller, Paul Ayres, Slava Kalyuga

Class & School Transitions







Required cognitive resources Germane Cognitive Load

Extraneous Cognitive Load

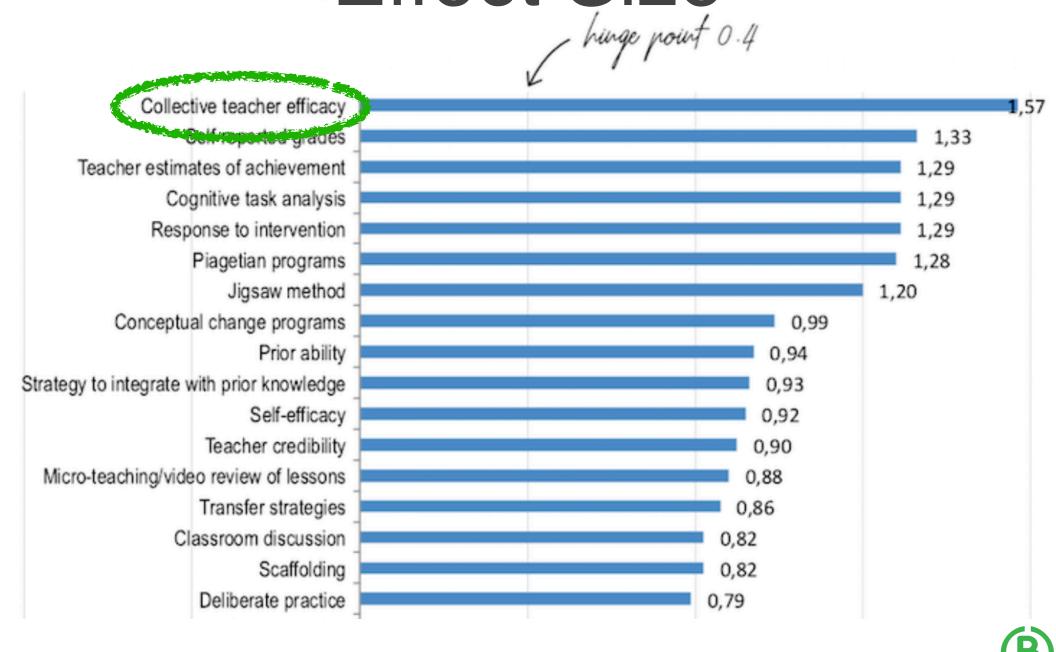
Intrinsic Cognitive Load Working Memory Capacity



Collective teacher efficacy is the belief that teachers can more positively impact the learning of their students if they work as a team.



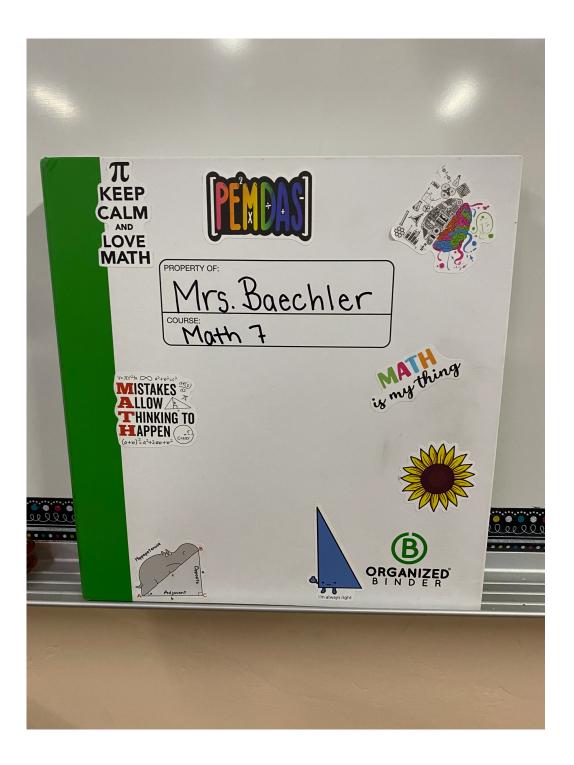
Effect Size



Modeling

"In moving to college and career readiness for all, we must now teach some skills formerly learned by students on their own. All students need lessons and modeling of study and work skills like time and task management, note taking, and assignment completion strategies..."

Robert Belfanz, Putting Middle Grades Students on The Graduation Path

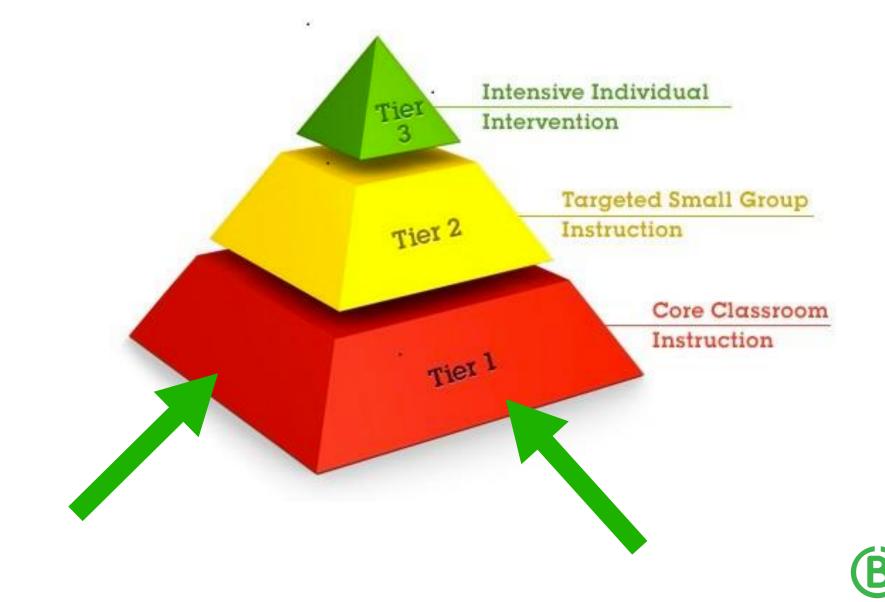




How can a clarity, routine, and modeling make collective teacher efficacy a reality on your campus?



A Universal Tier 1 Intervention



Executive Dysfunction

"...executive dysfunction is about the person and their environment, not the person alone. With that in mind...think of symptoms of executive dysfunction as signs of potential trouble in your learning environments and the unmet needs of your students. To start, let's think diagnostically about our learning environments."

Lisa Carey & Alexis Reid, *Supporting Student Executive Functions*



EXECUTIVE FUNCTIONING IN THE INCLUSIVE CLASSROOM

AN ECOLOGICAL INVENTORY SELF-ASSESSMENT



HOW DO I SELF-ASSESS?



Use an Ecology Inventory approach to identify activities that naturally occur in your environment.



Self-assess by asking these 3 essential questions.





Identify whether each practice is present in your classroom ecology and imagine ways to improve.

WHY SELF-ASSESS?

When teachers self-assess, they enhance their pedagogy (the art and science of teaching) enabling them to produce better student outcomes.



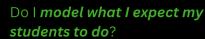
CLARITY

Do I have *clear learning objectives* and expectations?

This clues in students and school staff (co-teachers, paraprofessionals, therapists) who enter/exit the classroom often, on how to engage in the learning environment.

MODELING

F+1



Modeling the expectations for students increases

the likelihood of learning, saves teaching time, and enhances student motivation.

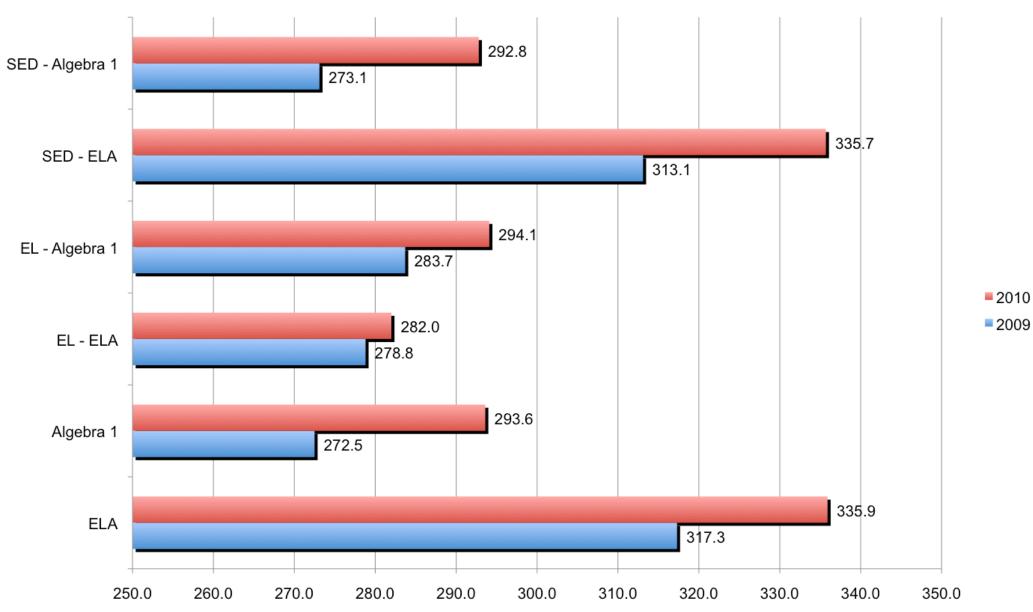
ROUTINES

Have I established **an explicit and** predictable classroom flow?

By designing and using predictable routines within the classroom, student and teacher cognitive load is reduced for new, focused learning to occur.

Sand Regison, PhD in Special Education





Oakland High School 9th Grade CST Mean Scale Score







Organized Binder

1" Term Goel			
Daily Task			
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Syllabus

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Essential Qu	estion(s) for this Unit		
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F: Academic Toolkit

G: Table of Contents

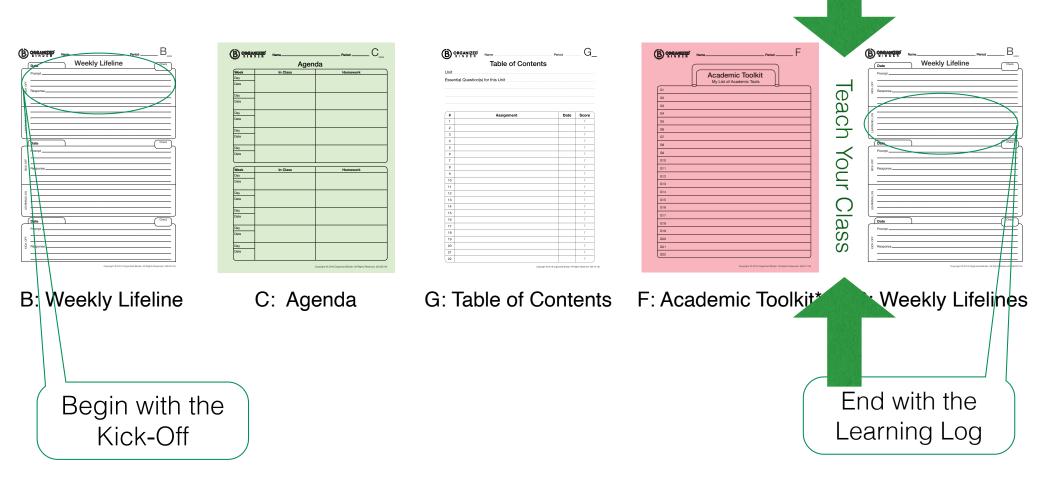
H: Passes (optional)



B: Weekly Lifelines

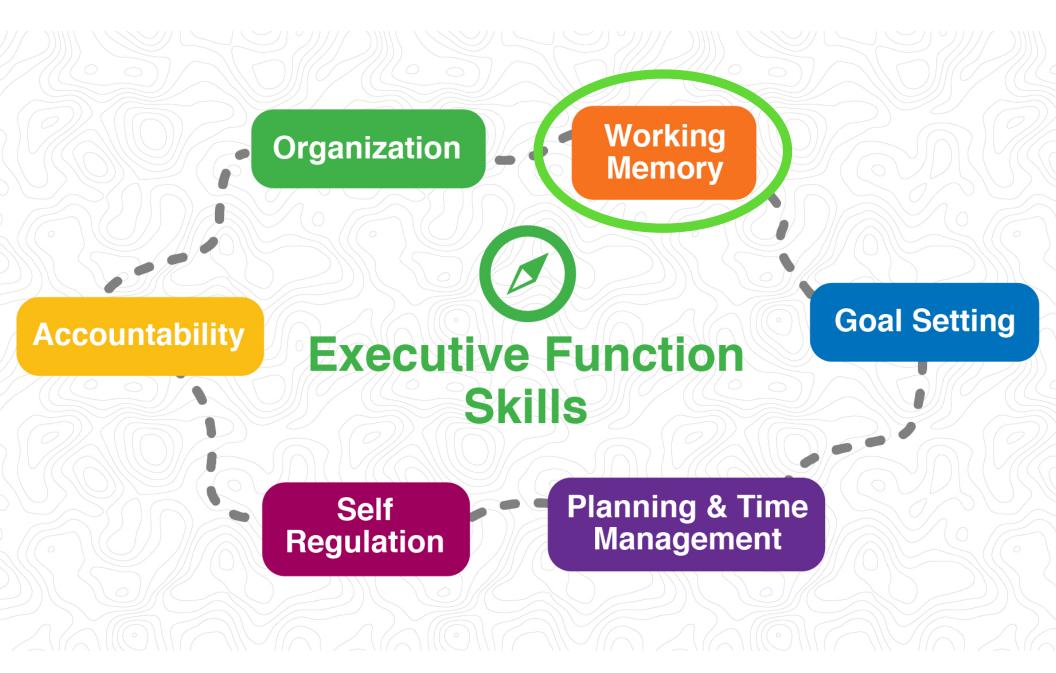
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G12	
G13	
G14	
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Daily Sequence: B (Kick-Off), C, G, F*, and B (Learning Log)



*Page F: Academic Toolkit may not be used each day in class.





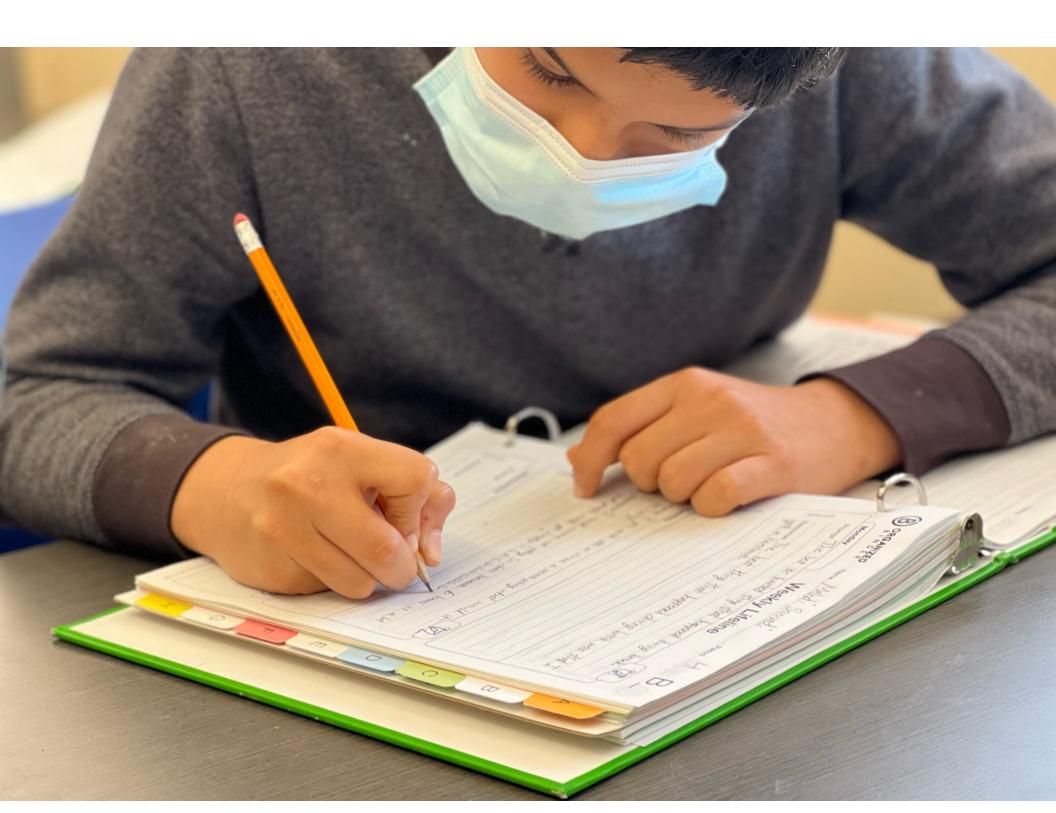


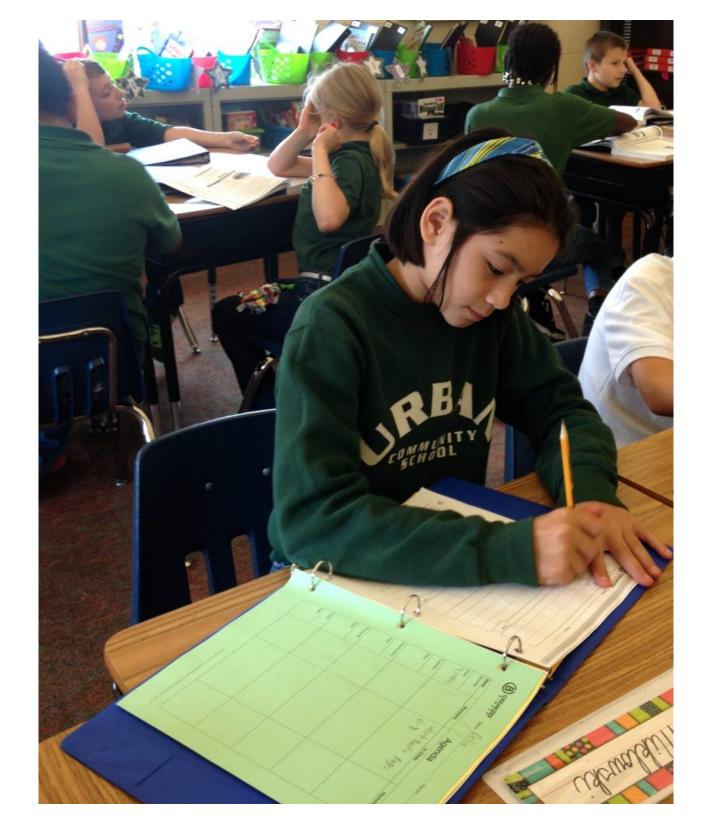
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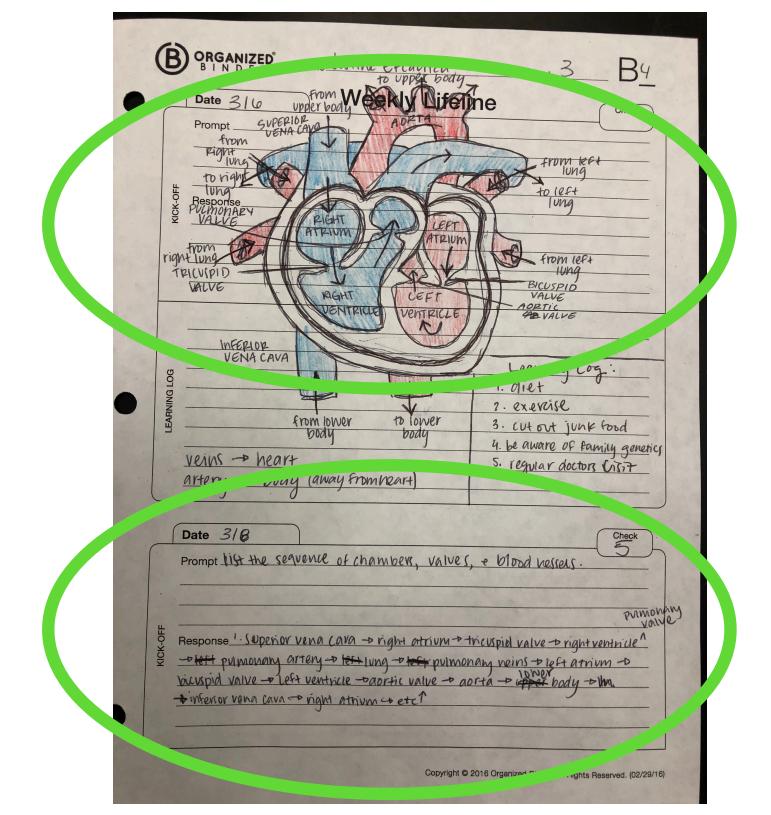














"We do not learn from experience...we learn from reflecting on experience."

John Dewey



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LEARNING LOG				
_	Date 9/16/22			Check
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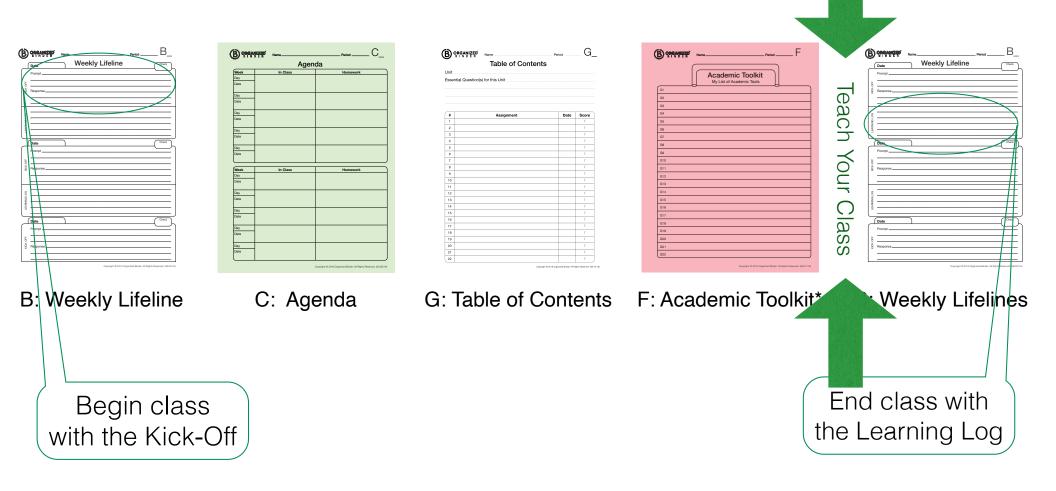








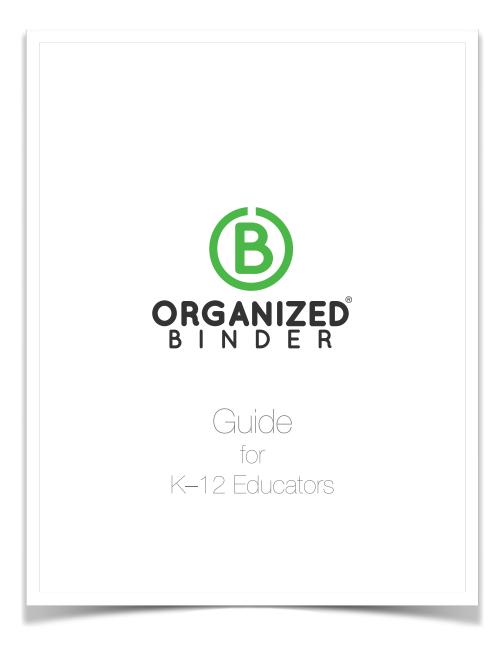
Daily Sequence: B (Kick-Off), C, G, F*, and B (Learning Log)





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KICK-OFF	Response	
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B







The following Weekly Lifeline prompts are examples you can use in your classes. They may also prove useful for developing prompts of your own.

KICK-OFF

Homework-based

- · What was easy and what was difficult about the homework?
- · What was something memorable in the reading assignment?
- · What was the most interesting part of the reading assignment?
- · What was your process for revising the essay that you're handing in today?
- True or False: I'm caught up on my reading for today. If false, tell me what's getting in your way.
- Tell me two interesting things you have discovered in your individual research.
- What is confusing or complex about our reading assignment?
- The reading for today was interesting because _____
- Would you recommend this book to a college student friend? Why or why not?
- I am this far along in my next assignment (give the steps)
- My assignment was ______ because ______.
- The strength of my homework or assignment is ______

More interpersonal

- What is one thing I'm excited about and one thing I'm fearful about as I start this new semester?
- Yes, No, Maybe: I'm ready to roll this semester. (I've bought the books, my enrollment is settled, my financial aid is in place, my transportation and child care are set up, and I have a time management plan)
- Time for a monthly check-in: How are things going for you in this class? What are your concerns?
- What do I plan to do over spring break (or Thanksgiving)? Give one college-based goal and one fun activity

Content-based feom the previous day's lesson

- Explain the concept of ______ in your own words.
- When I think about the concept of ______, the part I'm still confused about is...
- What are three things to think about when you're looking for _____?
- Which essay (or topic) did you choose to work on for the next assignment? Why did you choose that one?

LEARNING LOG

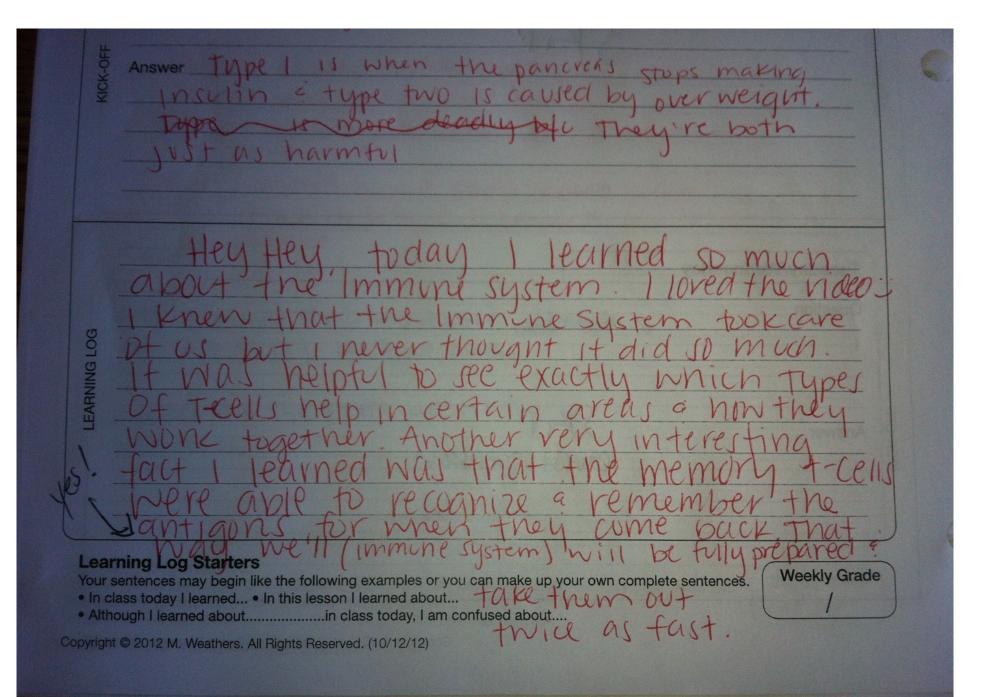
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der.

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Review of material

- Review the key ideas about ______ that we learned today.
- What are some important aspects about _____?
- Even though I understood _____, I still have questions about _____
- In my own words, what does is mean to (give a key concept from the lesson)?
- · What are two new things I learned about plagiarism today?
- · When I make my own chart, the columns will be labeled:
- True or False: Now I can see how to solve this problem (or construct this assignment)



B

Spinal UUT KICK-OFF Interconstan Response abont doina 1.e Kalser ing Log Starters Goon as Weekly Grade ntences may begin like the following examples or you can make up your own complete sentences. s today I learned ... • In this lesson I learned about ... h I learned about.....in class today, I am confused about.... nach 2013 M. Weathers. All Rights Reserved. (1/13/2013) Low.

"Based on a century of research, in order to transform learning, we must focus on getting information out - a strategy called retrieval practice."

Agarwal and Bain, Powerful Teaching - Unleash the Science of Learning

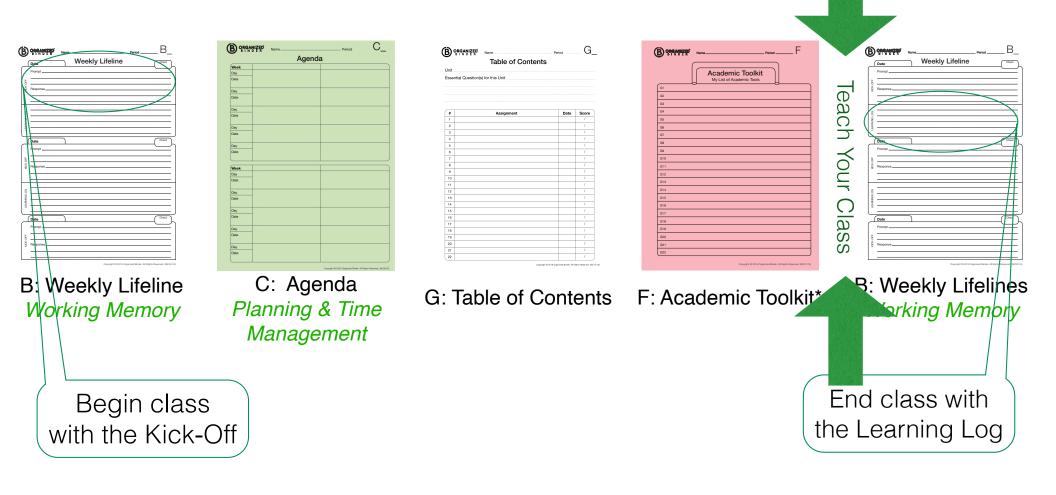


"Teachers should find ways to expose students to details multiples times - at least three -ideally no more than two days apart."

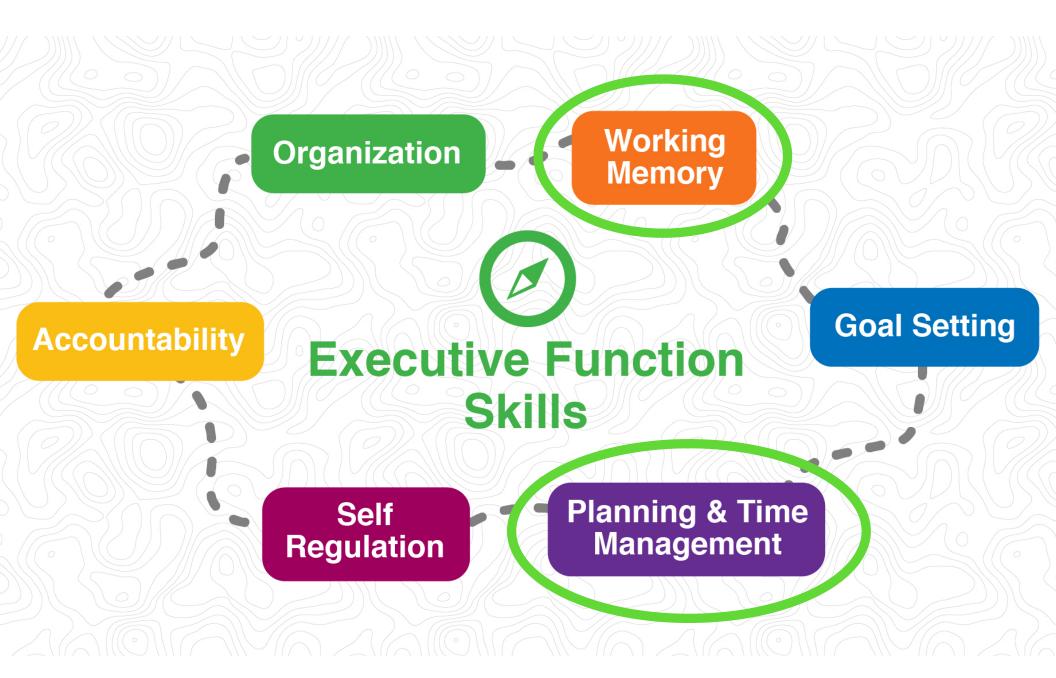
Marzano, Classroom Instruction That Works



Daily Sequence: B (Kick-Off), C, G, F*, and B (Learning Log)









BORGANIZED Name Your Name Here Period 1st C1						
Agenda						
Week						
Day Date 9/14/23	-Chemistry review -Molecule diagrams -Q&A 1-4 p. 405 (#4)	Review notes (#2)				
Day	-Circulatory Notes					
Date 9/15/23	-Diagram and coloring of blood vessels	Review #4				
Day Date 9/16/23	-Pre lab set up for heart dissection	Finish Write-Up				
Day						
Date 9/17/23						
Day						
^{Date} 9/18/23						
Week						
Day						
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Day						
Date 9/22/23						
Day						
Date 9/23/23						
Day Date 9/24/23		Review Lab Report				
Day Date 9/25/23	-Cardio Lab Report Due					











MONDAY AUG 5	TUESDAY AUG 6	WEDNESDAY AUG 7	THURSDAY AUG 8	FRIDAY AUG 9	saturday AUG 10
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"You are a genius. Your last point hits on the most potent problem every student I have interviewed has an issue with. Honoring the syllabus, reading it, studying ahead of class in preparation for exams and whatnot... I am excited to see these points and to know our students will be receiving this instruction. You have elated and excited me."

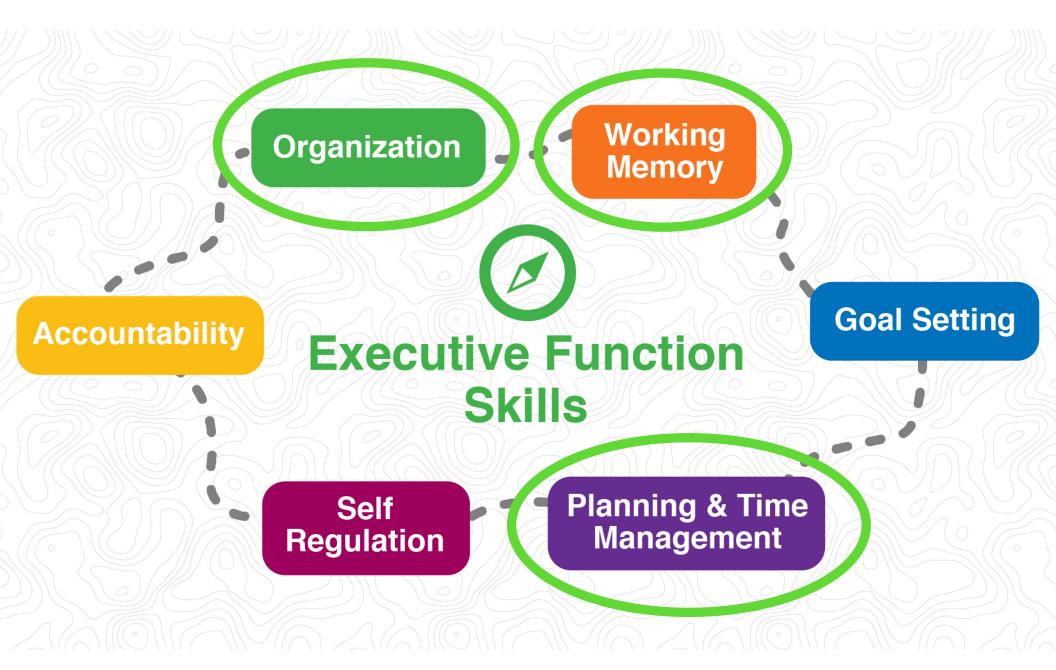
Above excerpt taken from an email to Mitch Weathers from Melba Beals



Daily Routine: B (Kick-Off), C, G, F*, and B (Learning Log)











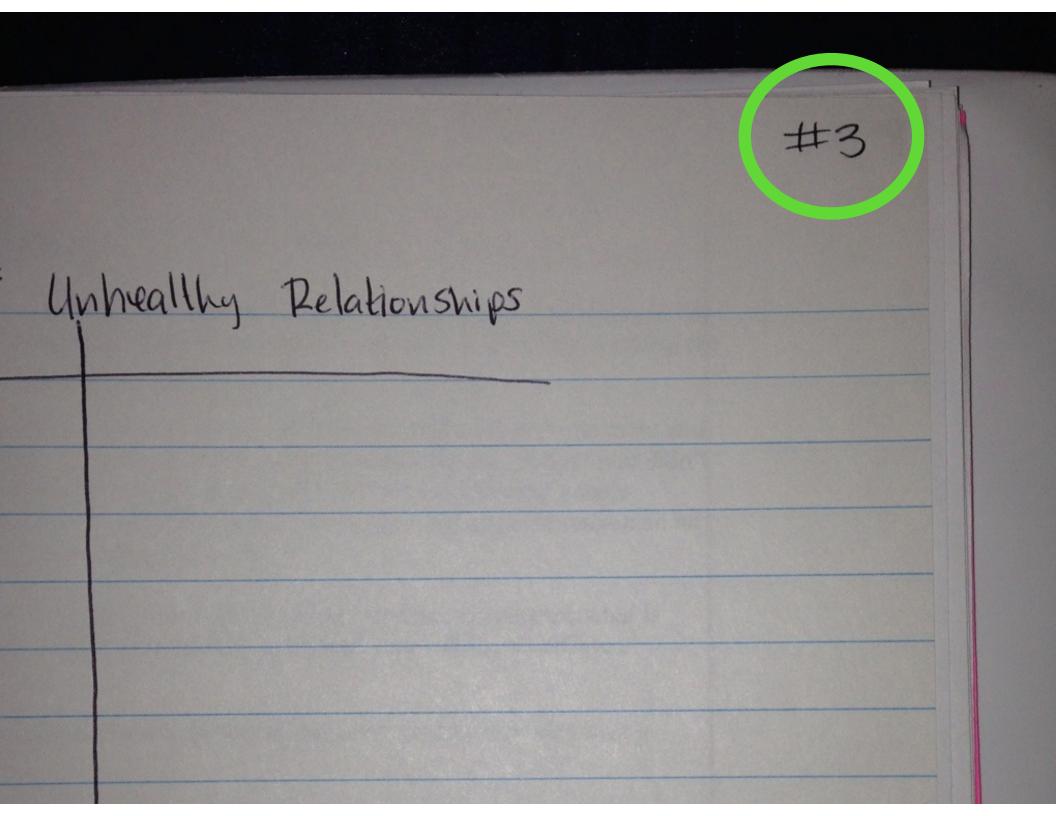
Period

Table of ContentsUnit Cardiovascular and Respiratory Systems

Essential Question(s) for this Unit

#	Assignment	Date	Score
1	KWL Chart on the C and R systems	9/14	[/] 5
2	Notes on the Circulatory System	9/15	[/] 5
3	Heart Diagram	9/15	n′a
4	Q and A 1-4 Page 405	9/16	/ 5
5	Coloring Blood Vessels	9/17	[/] 5
6	The pathway of blood worksheet	9/17	/ 5
7	Heart Dissection	9/21	/22
8	Slideshow on a heart disorder	9/23	/15
9	Circulatory System Quiz	9/25	/15
10	Notes on the Respiratory System	9/25	[/] 5
11			/
12			/
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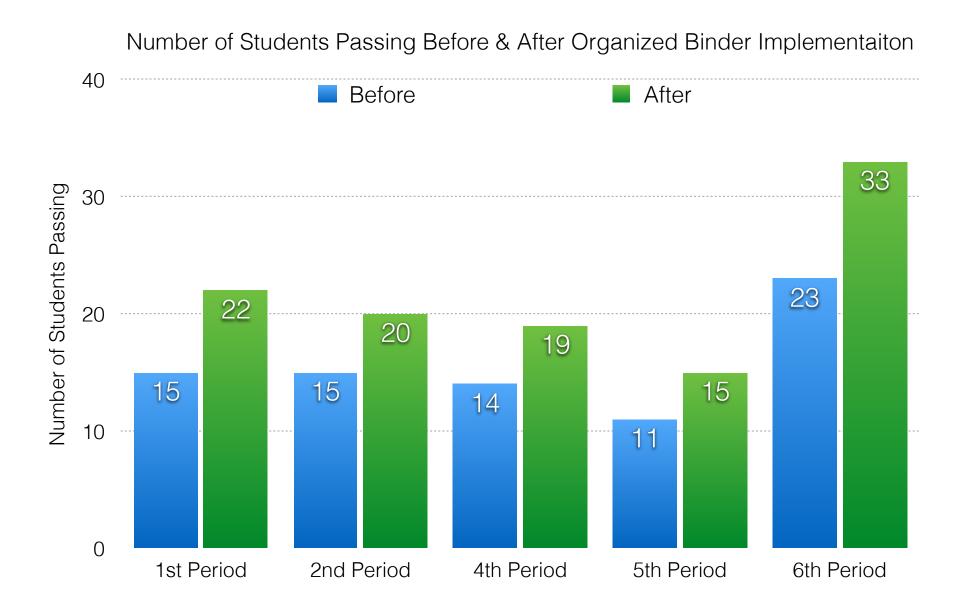
sory neurons, interneurons, and motor

- pens during a simple physical activity.
- he time it takes to catch a falling ruler.





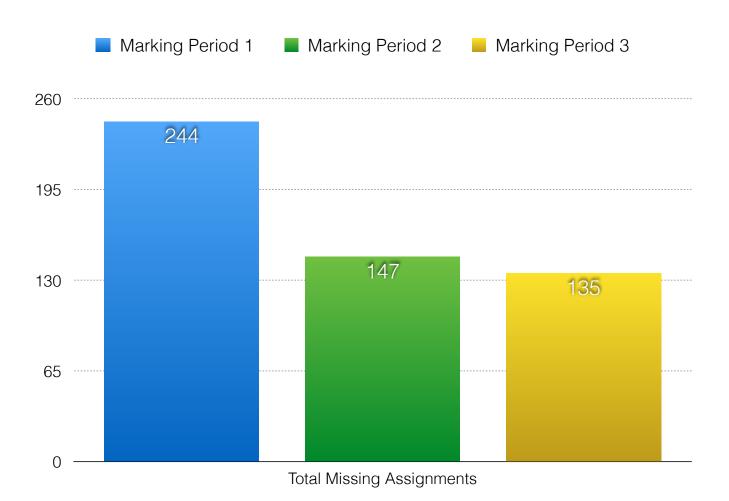




Individual teacher pilot data from a High School Spanish teacher Grand Rapids, MI

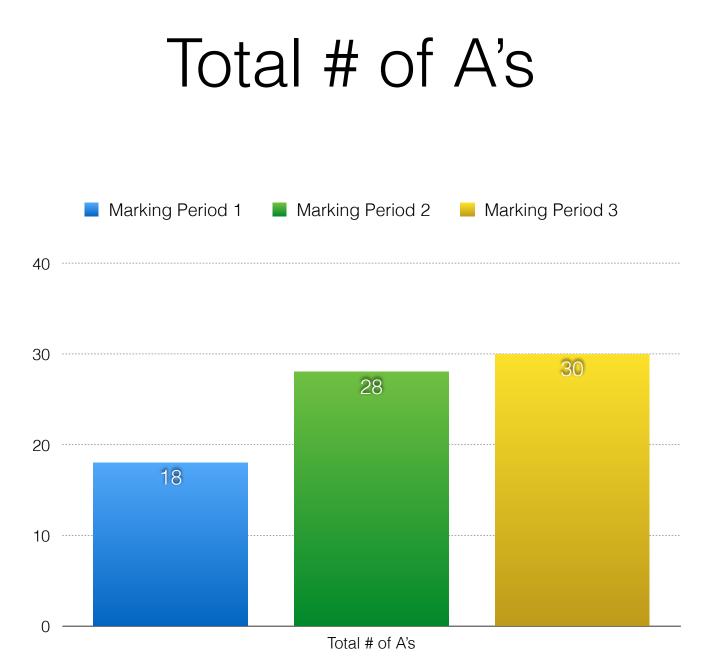






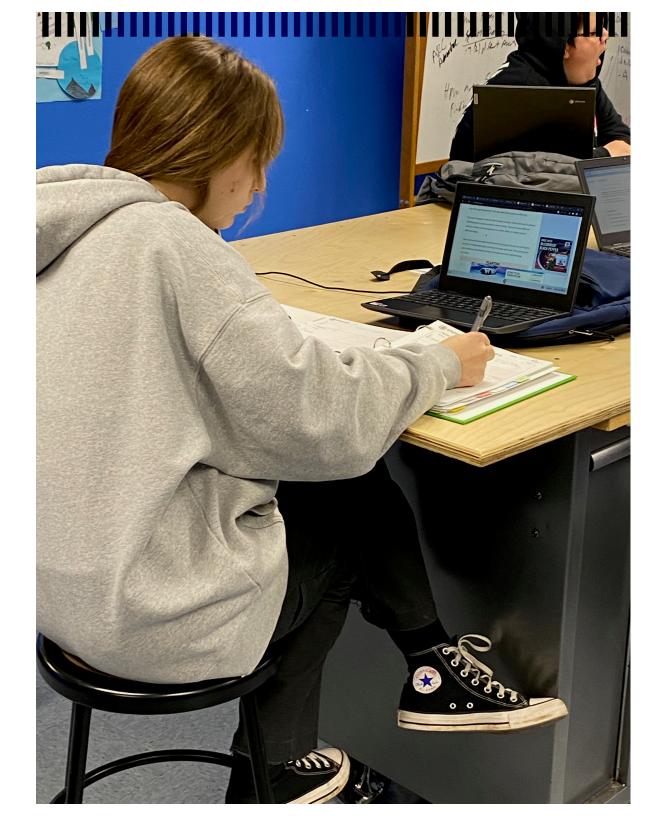
Data from a first year high school teacher Pine Hill, NJ



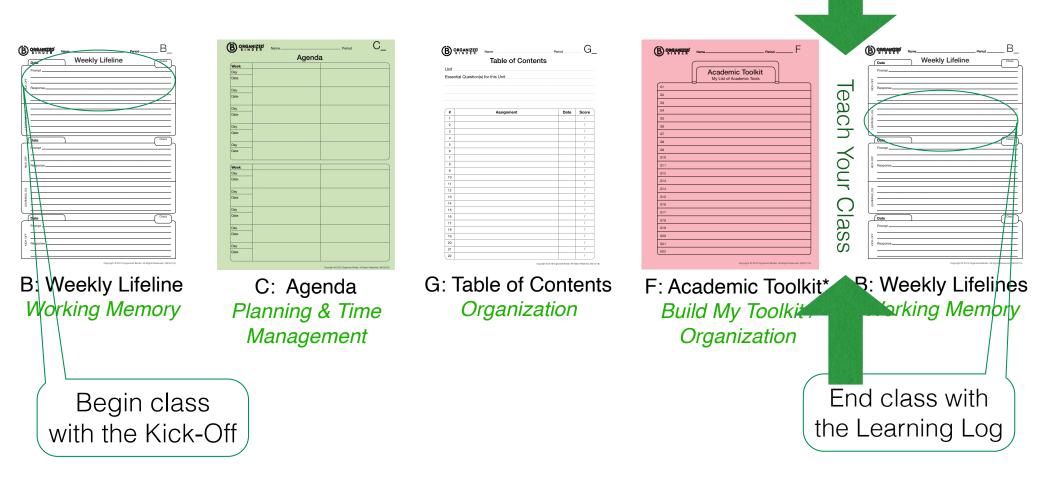


Data from a first year high school teacher Pine Hill, NJ





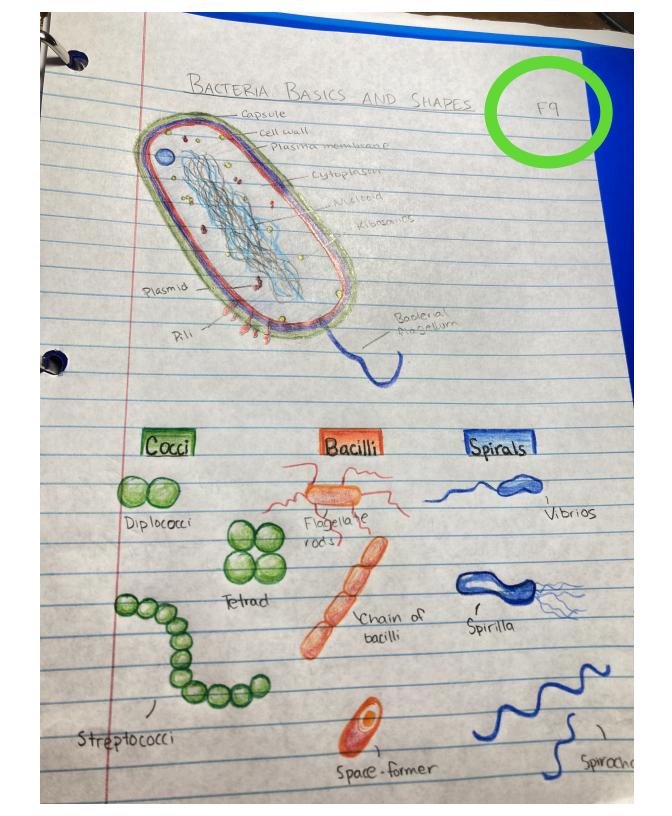
Daily Routine: B (Kick-Off), C, G, F*, and B (Learning Log)





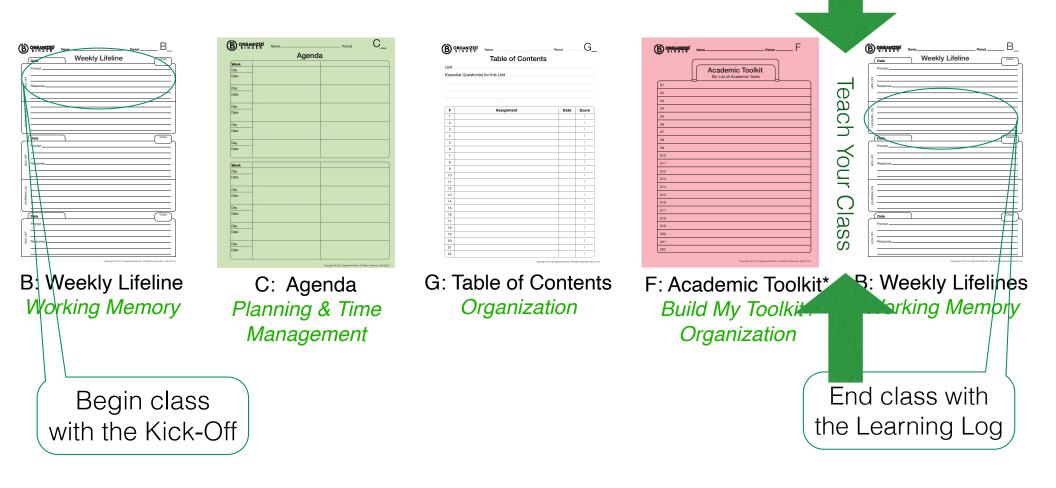
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F2 Aca	ademic Vo	cabulary		
F3 Me	tric and S	cientific Conversion		
F4 Ho	w to Wri	te a Lab Report		
F5 Ho	w to sub	nit an assignment us	ing Google Docs	
F6 Ho	w to crea	te an iMovie		
F7 Ho	w to uplo	ad to docs to Canva	as & Google Class	room
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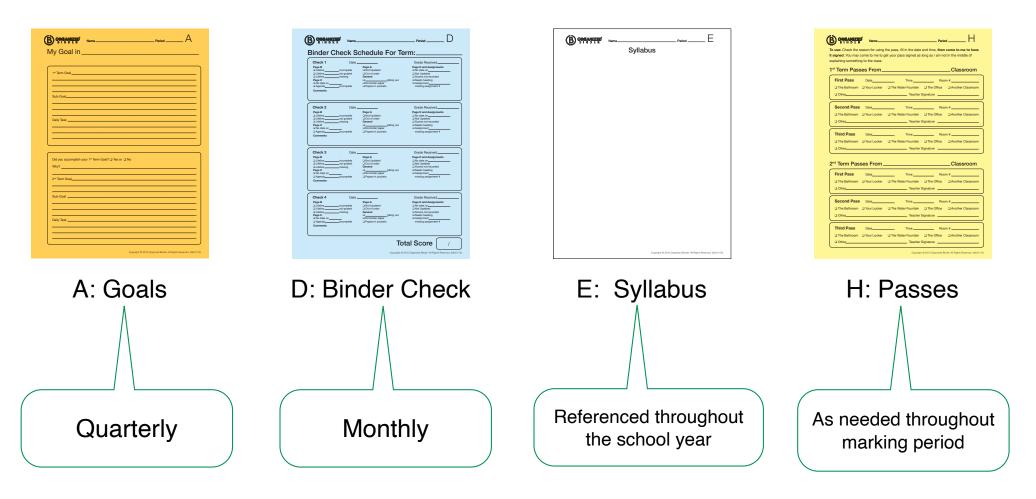
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*Page F: Academic Toolkit may not be used each day in class.



Monthly, Quarterly, or throughout the school year sequence: A, D, E and H









"When you enter a new social role, such as entering college as a student, the expectations aren't always clear... Students need help not just setting vague goals but figuring out a plan to reach them."

Melinda Karp - assistant director for staff and institutional development at the Community College Research Center at Teachers College, Columbia University



BORGANIZED[®] Name Your Name Here Period 1st A My Goal in Biology

1st Term Goal My goal in Biology for quarter 1 is to pass the class.

Sub-Goal I can pass Biology if I complete all of my homework.

Daily Task When I get home from school I will sit down at the dining table and finish my homework.

Did you accomplish your 1st Term Goal? 🛛 Yes or 📮 No	
Why?	
2 nd Term Goal	
Sub-Goal	
Daily Task	





4 Executive Functioning Skills EVERY IEP Should Address

Organized Binder is an effective method and tool that can be used in both the IEP and Transition processes to empower students with disabilities in their own decision making and learning.



)2 🔯

Organization

Creates predictable classroom routines with clear expectations, which **models for students how to organize their own learning** within the environment.

Time Management

Teaches students to manage their time and effectively transition between activities or environments **promoting self-determination**, an essential quality needed in the transition into adulthood.

Self Control

Supports students in learning when to become **more alert or calm based on the task at hand** and the expectations of the environment.

Goal Setting

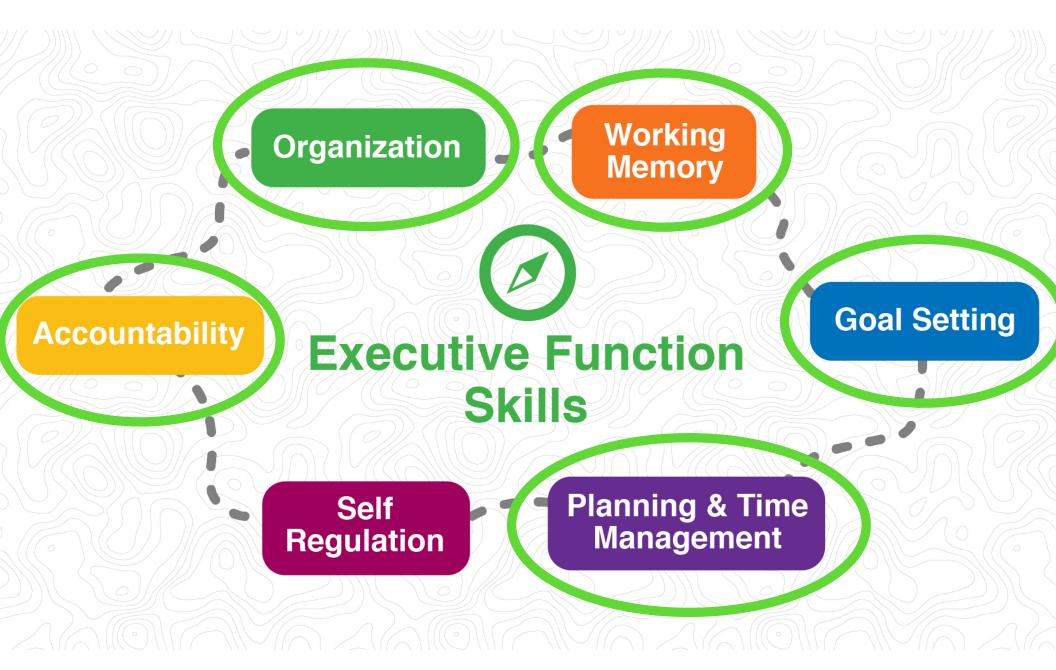
Encourages students to **engage in their own goal setting and data collection, promoting student autonomy and empowerment**. The binder facilitates school/home communication keeping the IEP team updated on progress.



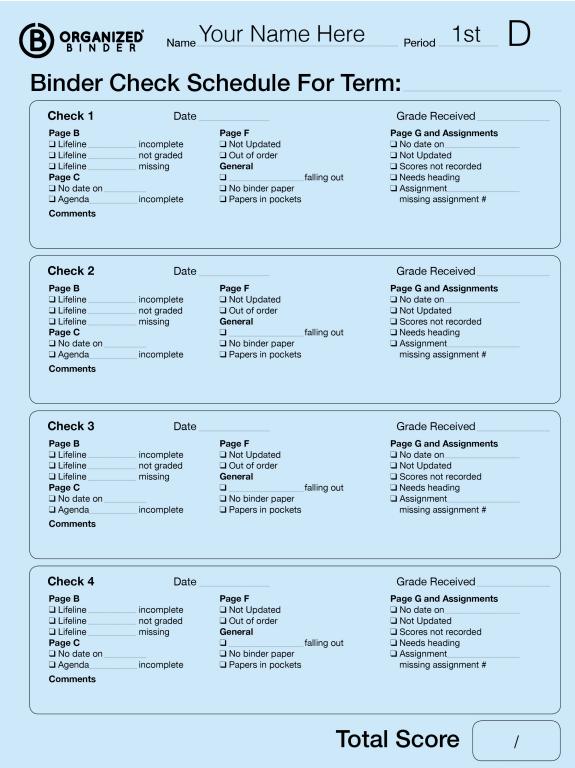


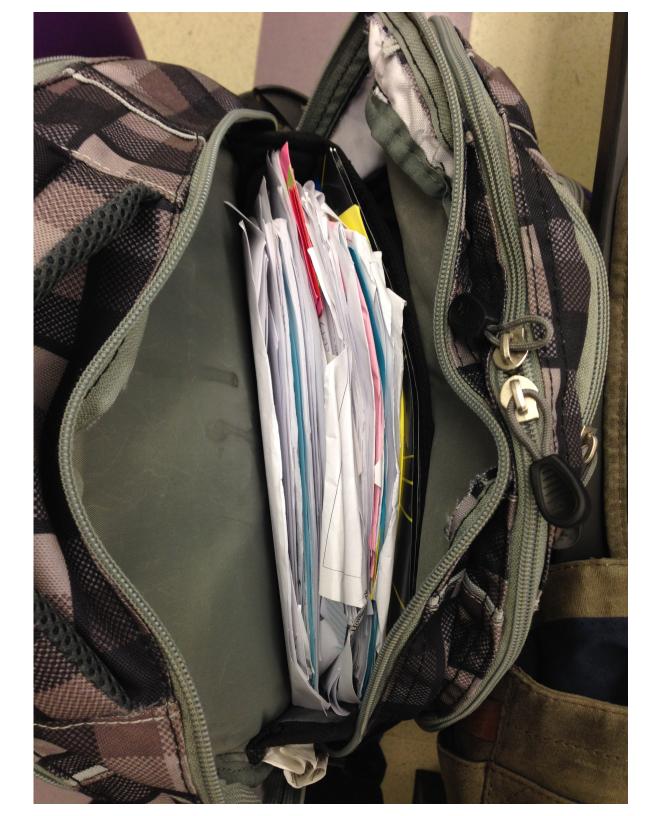


The Opportunity for Everyone to Succeed.

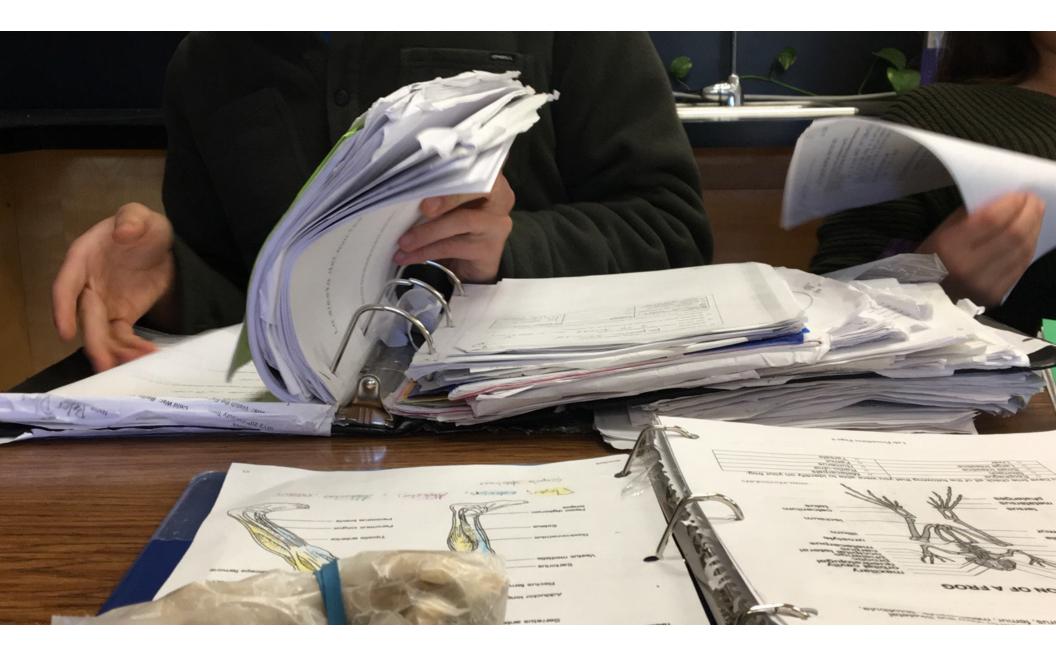




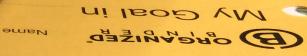












Weeks 1-4 Goal Winder

Pan way a read and

anna comes







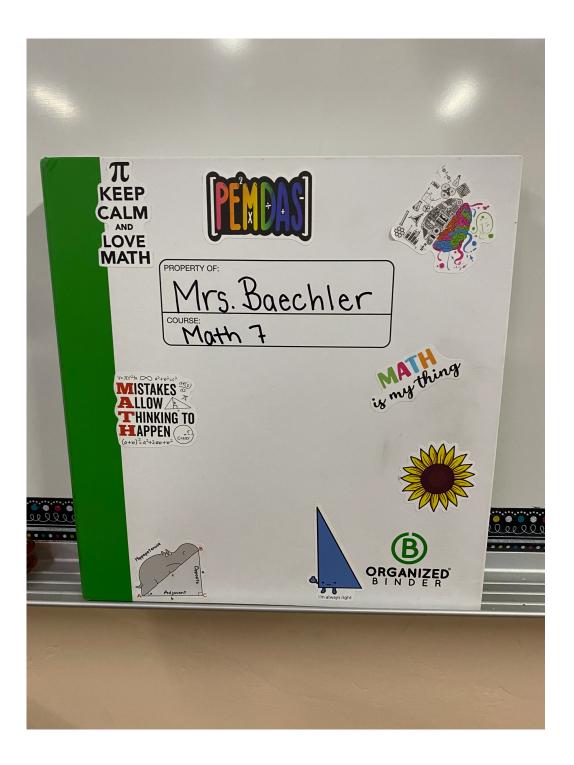
Directions:

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- 2. Pages should be in the following order. Circle Yes or No and write any comments to help your partner fix his or her binder.
- 3. When you get your own binder back, fix everything so that your binder is ready for the upcoming binder check.

Binder owner Peer checker							
Contents	Missing?	Out of Order?	Torn Holes?	Heading missing or incomplete (first and last name, period, date, assignment #)	Comments		
А	Yes No	N/A	Yes No	Yes No			
B (B1, B2, B3)	Yes No	Yes No	Yes No	Yes No			
C (C1, C2, C3)	Yes No	Yes No	Yes No	Yes No			
D	Yes No	N/A	Yes No	Yes No			
E	Yes No	N/A	Yes No	Yes No			
F	Yes No	N/A	Yes No	N/A			
G	Yes No	N/A	Yes No	Yes No			
G (G1, G2, G3)	Yes No	Yes No	Yes No	Yes No			
Н	Yes No	N/A	Yes No	Yes No			
Assignments (#1, #2, #3)	Yes No	Yes No	Yes No	Yes No			
Binder paper (at least 5 pages)	Yes No	N/A	Yes No	N/A			

General comments:









Period

Sample Syllabus Course Syllabus and Expectations

Description

Welcome to Biology! This year long course is an advanced science course serving as a foundation for higher-level studies in Biology and other sciences. This course is intended to introduce students to some of the most important international aspects of current biological theory, methodology, and research. We will focus not only on scientific knowledge, but also on the scientific process, communication skills, and relevant ethical issues. The goal of this course is to establish links between Biology and other disciplines, and to explore some of the ways science is related to popular culture.

Objectives/ Expected School-wide Learning Results (ESLRs)

The objectives of this course reflect the objectives outlined in this High School's Expected School-wide Learning Results. More specifically, the following ESLRs will be targeted:

- Lifelong Learners: masters new knowledge and skills efficiently and confidently using a variety of techniques.
- Analytical & Creative Thinkers: actively listens, critically analyzes, and responds appropriately in a range of circumstances.
- Ready & Career Focused Workers: demonstrated basic work skills.
- Investigators & Problem Solvers: applies basic scientific skills and concepts to understand the natural world and to develop solutions to problems.

California Content Standards

This High School offers a comprehensive, standards-based program of study. Particular emphasis will be placed on the following overarching standards. For a more detailed description of each content standard and the corresponding sub-standards please visit http://www.cde.ca.gov/be/st/ss/.

Cell Biology

1. The fundamental life processes of plants and animals depend on a variety of chemical reactions that occur in specialized areas of the organism's cells.

Genetics

- 2. Mutation and sexual reproduction lead to genetic variation in a population.
- 3. A multicellular organism develops from a single zygote, and its phenotype depends on its genotype, which is established at fertilization.
- 4. Genes are a set of instructions encoded in the DNA sequence of each organism that specify the sequence of amino acids in proteins characteristic of that organism.
- 5. The genetic composition of cells can be altered by incorporation of exogenous DNA into the cells.

Ecology

6. Stability in an ecosystem is a balance between competing effects.

Evolution

- 7. The frequency of an allele in a gene pool of a population depends on many factors and may be stable or unstable over time.
- 8. Evolution is the result of genetic changes that occur in constantly changing environments.





BINDER	Name Your Name Here	Period 1st	Η	
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1st Term Passes From _____

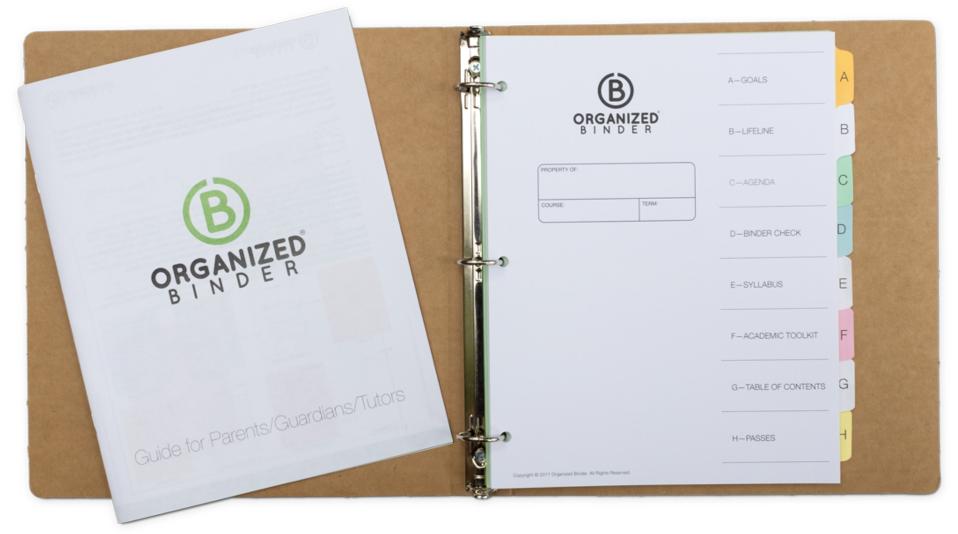
Classroom

To use: Check the reason for using the pass, fill in the date and time, **then come to me to have it signed**. You may come to me to get your pass signed as long as I am not in the middle of explaining something to the class.

First Pass		
The Bathroom	Your Locker	❑ The Water Fountain
□ The Office	Another Classroom	Dother
Date	Tin	ne Room #
Teacher Signature		
Second Pass		
The Bathroom	Your Locker	The Water Fountain
□ The Office	Another Classroom	D Other
Data	Tin	ne Room #
Date	1111	
Teacher Signature		
Third Pass		
The Bathroom	Your Locker	The Water Fountain
□ The Office	Another Classroom	Other
		ne Room #
	Tin	



Family Engagement





B I N D E R

Guide for Families

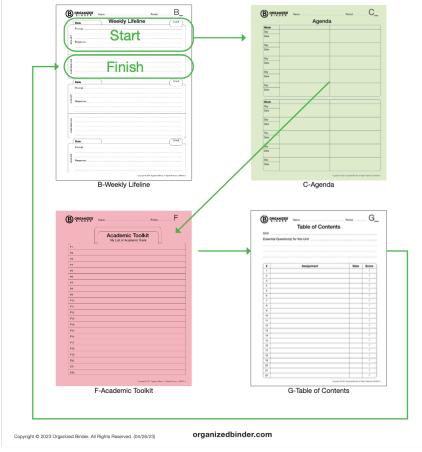


PAGES USED DAILY

Pages used daily: Pages B, C, F, and G

Organized Binder ritualizes classroom routines; making the best use of every class minute. Each class period the teacher begins with a Kick-Off Prompt on the Weekly Lifeline (Page B). Next, the Agenda (Page C) for the day is completed. Third, the day's assignments are recorded in the Table of Contents (Page G). Finally, the lesson circles back to the Weekly Lifeline, where the student completes the Learning Log section. On occasion the teacher will reference the Academic Toolkit (Page F).

Sequence of pages used daily:





З



PAGE B: WEEKLY LIFELINE

Page B: Weekly Lifeline

The Weekly Lifeline consists of the Kick-Off prompt and the Learning Log, which are used to begin and end class. Usually teachers use the Kick-Off prompt to review the previous class's content standards or objectives. If you want to know exactly what your student is learning in class, read the Kick-Off prompts.

The Learning Log is how class is concluded with Organized Binder. Each day in class your student will reflect on what was learned from the lesson and/or what was confusing. Students are required to practice using grammatically correct, complete sentences in English (academic English) when writing Learning Logs. Often, this level of English language practice is only done in English or support classes. Students gain this language practice in all subjects implementing Organized Binder.

Students have a Weekly Lifeline for each week of the semester (B1, B2, B3, etc).

How you can support:

- · Ask your student about the Kick-Off prompt(s) they worked on in class.
- Ask them to summarize the content of what they *learned* that day in class, not just what they *did* in class.
- Read your student's Learning Logs; on a daily basis if you can!

Skills Practiced:

Metacognition, reflection, organizing materials, study skills, creating study resources, belonging to an academic community.

1	Date Weekly L	ifeline					
-	Prompt		8				
	- Sector		CININ				
014			100				
ğ	Response			_	_		(Phesk
				Thursday			
_				Prompt			
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NGL			0000-001	Response			
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			6	Friday			
				Prompt			
8			3				
10M			l j	Response			
EMB.							
1	Date	Check					
	Prompt		010				
			View				
× o			9				
ž,	Response			earning Log Starters			
			- Y	our sentences may begin like in class today I learned • I	a the following examples or you can make up you in this lesson I learned about • I used to thinkr		Weekly Grade
		Copyright & 2021 Organized Brider All Rights Reserved. (05:08:21)	- /	Whough I learned about		wonder	



PAGE C: AGENDA

Page C: Agenda

The Agenda is used to identify the content standards or objectives covered in class each day. It also provides a snapshot of how those will be taught, and whether or not there is homework. In addition, the Agenda is used to teach the skill of using a calendar. Each new Agenda page is represented by C1, C2, C3, etc.

How you can support:

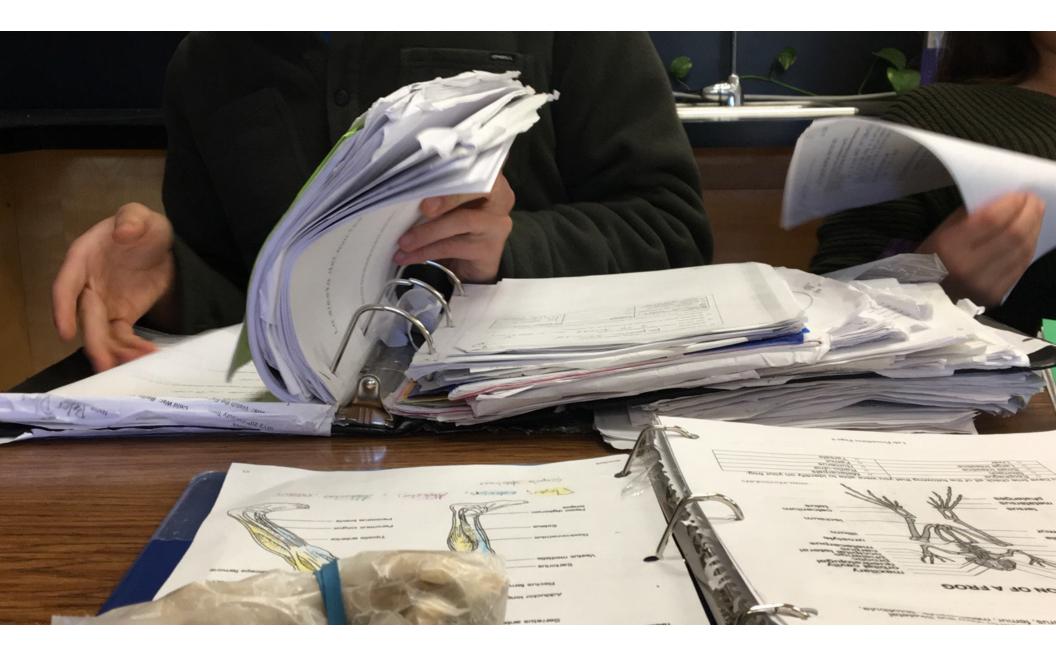
- Review the Agenda with your student, being sure to ask if they have homework and when it is due.
- Look at what was done in class and ask your student to summarize what they learned or what confused them from those activities/assignments. Avoid having your student tell you "what they did in class." Ask your student about any **important** assignments or assessments coming up in the future.

Skills practiced:

Time and task management, maintaining a calendar, organizing materials, self-discipline, balancing school and other demands

	Agenda	Age	nda
Week		Week	
Day		Day	
Date		Date	
Day		Day	
Date		Date	
Day		Day	
Date		Date	
Day		Day	
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Day		Day	
Date		Date	
Day		Day	
Date		Date	











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G	Yes No	N/A	Yes No	Yes No			
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Assignments (#1, #2, #3)	Yes No	Yes No	Yes No	Yes No			
Binder paper (at least 5 pages)	Yes No	N/A	Yes No	N/A			

General comments:



"...simply raising standards in our schools, without giving students the means of reaching them, is a recipe for disaster. It just pushes the poorly prepared or poorly motivated students into failure and out of school."

Carol Dweck Mindset: The New Psychology of Success



Contact and Updates

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- mitch@organizedbinder.com
- www.organizedbinder.com
- @organizedbinder

