

The Opportunity for Everyone to Succeed.

EXECUTIVE FUNCTIONS FOR EVERY CLASSROOM CREATING SAFE & PREDICTABLE LEARNING ENVIRONMENTS GRADES 3-12 MITCH WEATHERS

Get notified when pre-orders are available in October!



B

'...improving executive function seems like a potentially promising vehicle for narrowing the achievement gap between poor kids and middleclass kids...if we can improve a child's environment in the specific ways that lead to better executive

functioning, we can increase his prospects for success in a particularly efficient way."

Paul Tough - How Children Succeed



Takeaways

- 1. Predictable routines create safer learning spaces.
- 2. Executive Functions lay the foundation for success.
- 3. EFs are best learned with daily or routine practice.
- 4. Shared routines don't infringe on academic freedom.
- 5. Students with engaged families are more successful.









"With training and practice, children can learn to master memory, organizational, and other strategies that will serve to make them more independent learners and also help to level their academic playing field."

Mark Katz - Classroom Strategies for Improving Working Memory



Why EFs Have Not Been Taught Historically?

1. Time Crunch.

2. Zone of Genius.





3 Keys for Teaching EFs

Clarity

Routine

Modeling





Executive Functioning Skills are not taught, they are best learned when students see them explicitly modeled while they get daily practice employing them!



Clarity

"Ambiguity is the enemy. Any successful change requires a translation of ambiguous goals into concrete behavior. In short to make a switch, you must script the critical moves."

Chip Heath and Dan Heath, Switch: How to Change Things When Change is Hard



Organized Binder

1" Term Goel			
Daily Task			
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A: Goals

Syllabus

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C: Agendas

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D: Binder Check

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E: Syllabus

F: Academic Toolkit

G: Table of Contents

H: Passes (optional)



B: Weekly Lifelines

	Academic Toolkit My List of Academic Tools
G1	
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G5	
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G18	
G19	
G20	

Routine

"One of the biggest ironies...is that many of the tools likely to yield the strongest classroom results remain essentially beneath the notice of our theories and theorists in education. Consider one unmistakable driver of students' achievement: Carefully built and practiced routines..."

Doug Lemov, Teach Like A Champion



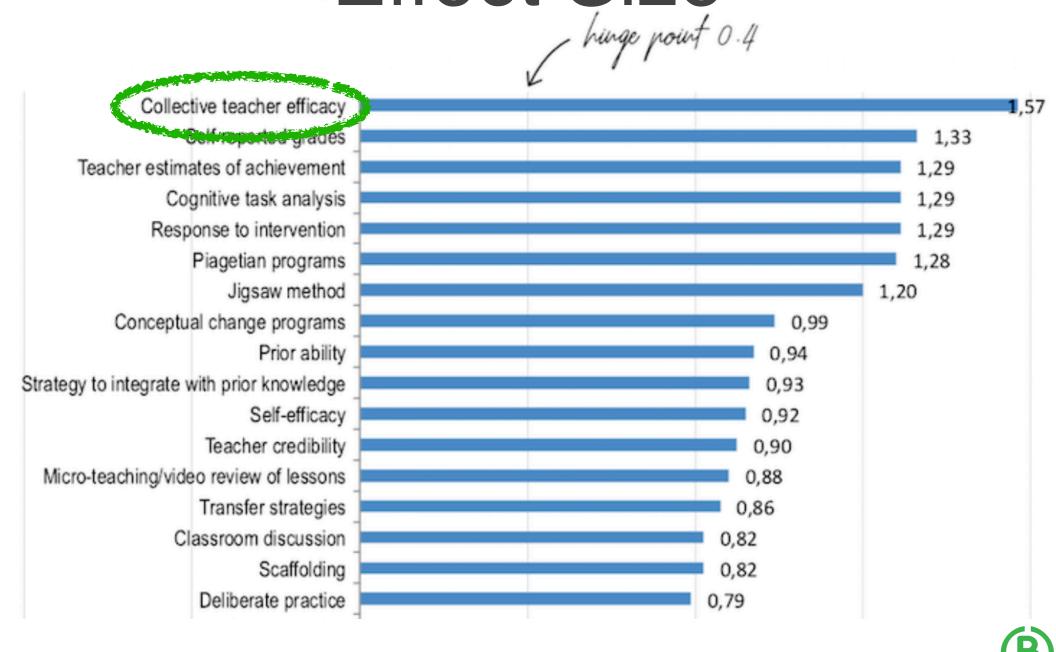
Shared Routine

"Cognitive load" relates to the amount of information that working memory can hold at one time...since working memory has a limited capacity, instructional methods should avoid overloading it with additional activities that don't directly contribute to learning.

Cognitive Load Theory John Sweller, Paul Ayres, Slava Kalyuga



Effect Size



Modeling

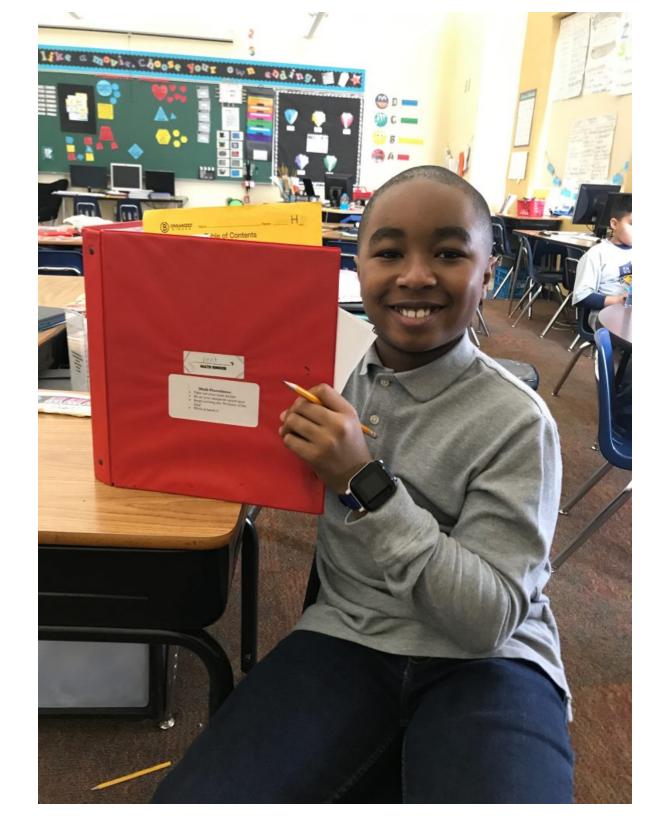
"In moving to college and career readiness for all, we must now teach some skills formerly learned by students on their own. All students need lessons and modeling of study and work skills like time and task management, note taking, and assignment completion strategies..."

Robert Belfanz, Putting Middle Grades Students on The Graduation Path









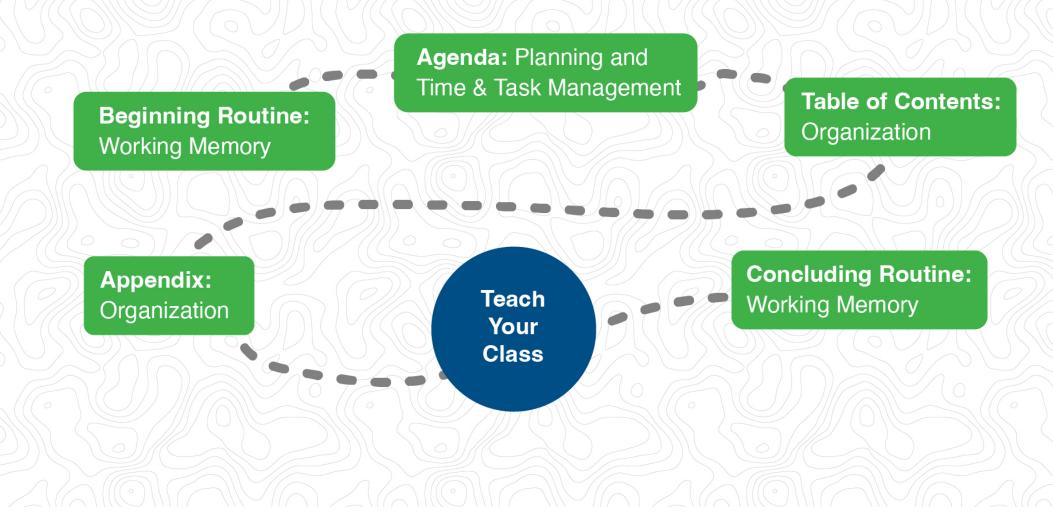


A Universal Tier 1 Intervention



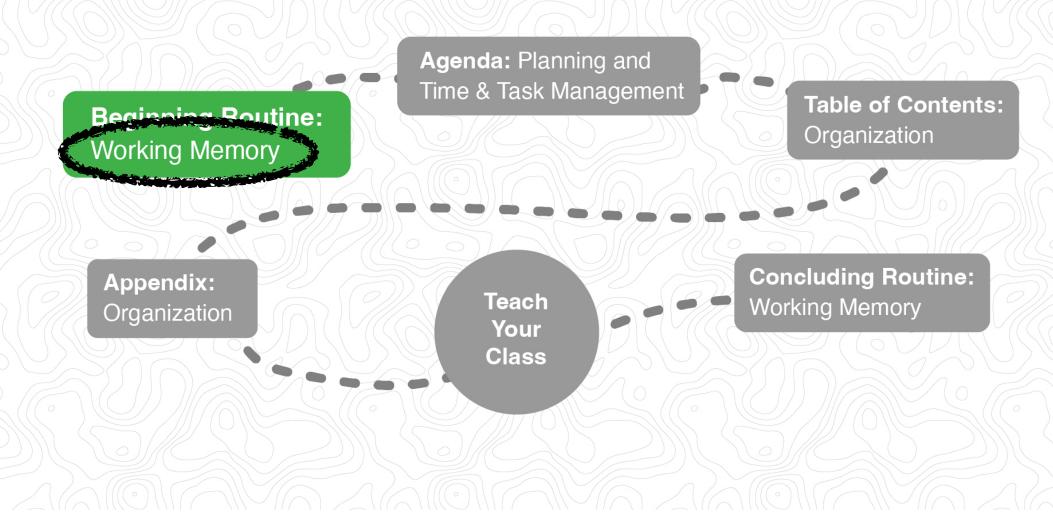


Daily Routine





Daily Routine





Daily Routine: B (Kick-Off), C, G, F*, and B (Learning Log)

				Other Other 0 0
Beginning Routine Beginning Routine	Agenda	Table of Contents	Academic Toolkit*	Ending Routine

*Page F: Academic Toolkit may not be used each day in class.

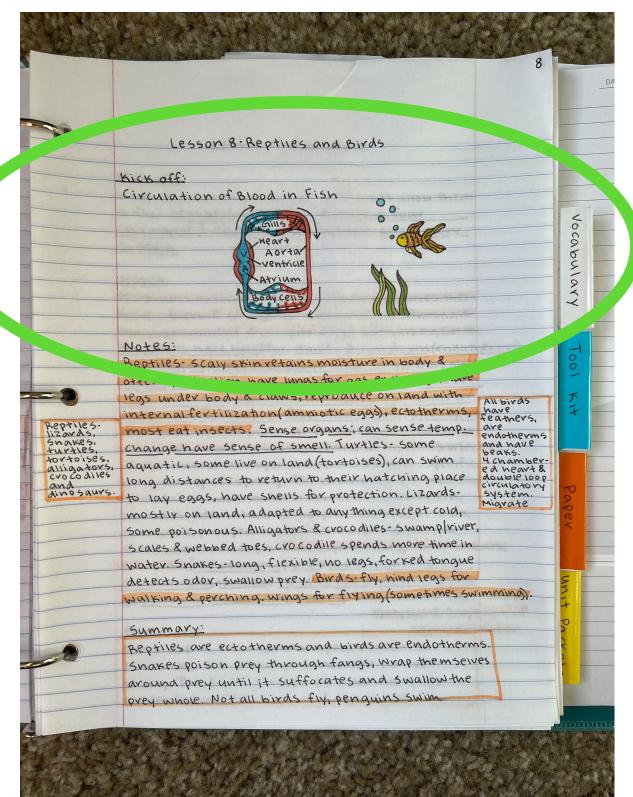


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Lesson Z Basic Plant Structures Kick OFF "using color draw a vascular plant & label the AND describe their function: Leaves, stem, Root leaves - carry out photosynthesis; ite of respiration L stem - support of a gravity; transports roots - anchor in soillget and water TRACE water & nutrients from it. + minerals) Hnswers / Notes + they can not only abenor the plant & assort but accumulate & store starch reserves - plants without them have thizoid VOEAB (most are one ci Snonvasculate & mosses - two types of root systems: taproot (main) & fibrous (small -Root hairs (allow roots to abourb) -xylem VOLAB transports water & millerals from root to lea -transpiration VUABreliases water from tree when its - two parts: petiole (stem) & blade (ponotosynthesis happen - hold unticles which help plants from loosing 11. 1. 10114 - 6

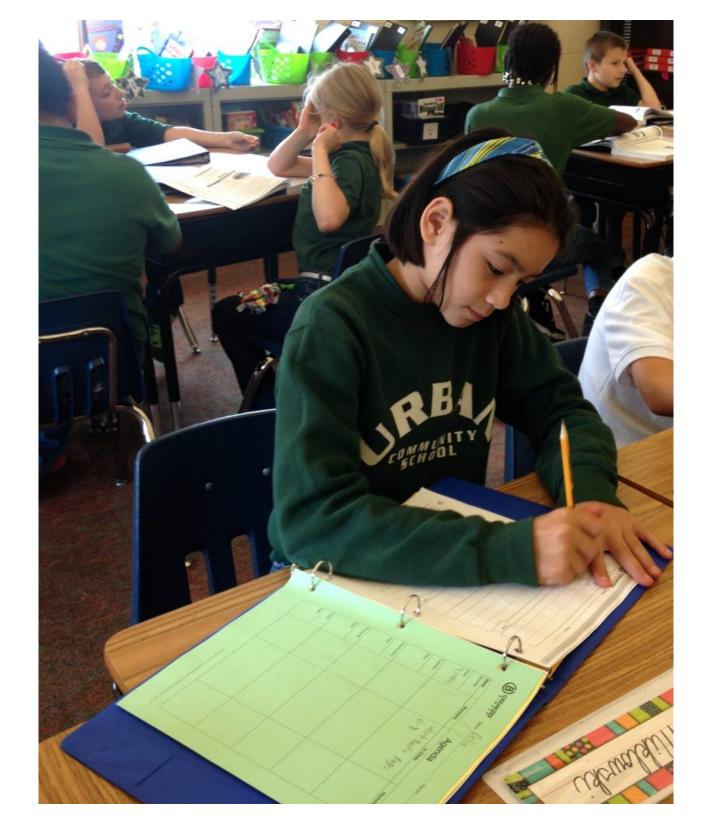


















LESSON 9 - RERODUCTION IN FLOWERING PLANTS

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Mun grains

Duaw a flowcu (use color) and laked the following 1. PEDALS 2. ANTHER 3. POLLEN

4. STAMEN 5. FILAMENT 6. LORDULA

7. SEPAL 8. CALYX 9. PISTIL

10. STIGMA 11. STYLE 12. OUAKY

13. OVULE

LESSON NOTES :

Entilization ~

molen grain lends on stigma, the tube cell

elongates to

two sperm)

2 - The two sperm cells travel through pollen tube to the owle and embryo sac. One cell is the heploid cell and another cell is the central cell.

pustil.

style

Trany

ovule

3 - One openn will five with the haploid egg cell to create the zygote that will develop into the embryo. The other openn will setting unite with the diploid cent that will develop into the endospenn. The process of two opennes fertilizing the different eggs is colled double fertilization.

Seed Foundation ~ Funit Formation ~

After fertilization is complete, the flower begins to die. The seed now begins to develop. The wall of the curle becomes the hard seed coat. The overy will then develop the fruit. A fruit is the ripened overy of a flower that contains the seeds of an angiosperm.

B	ORGANIZED BINDER	Name Your Name	Here Period	₁1st <u>B5</u>	
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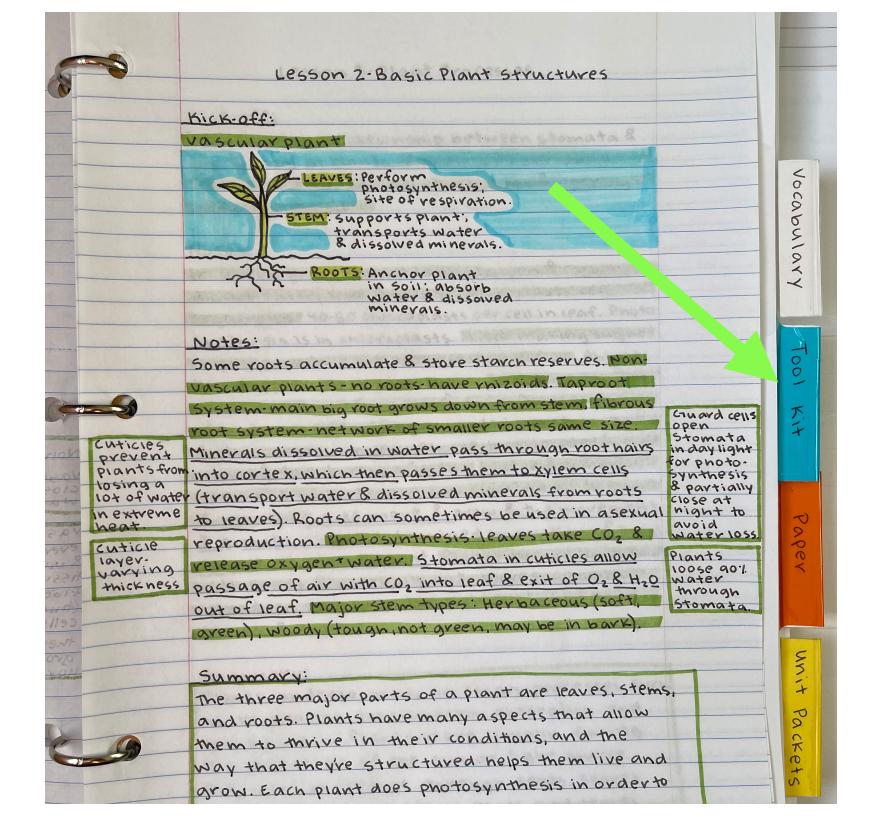










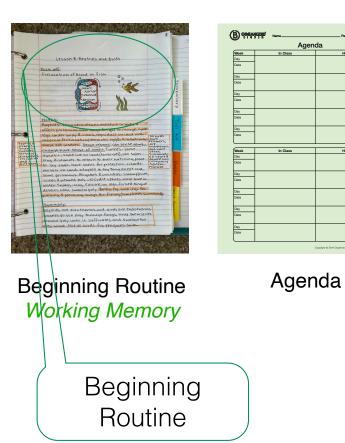


Daily Routine

Table of Contents

Table of Contents

G



*Page F: Academic Toolkit may not be used each day in class.

Agenda



(B) ?****

leach

Your Class

Academic Toolkit

Academic Toolkit*

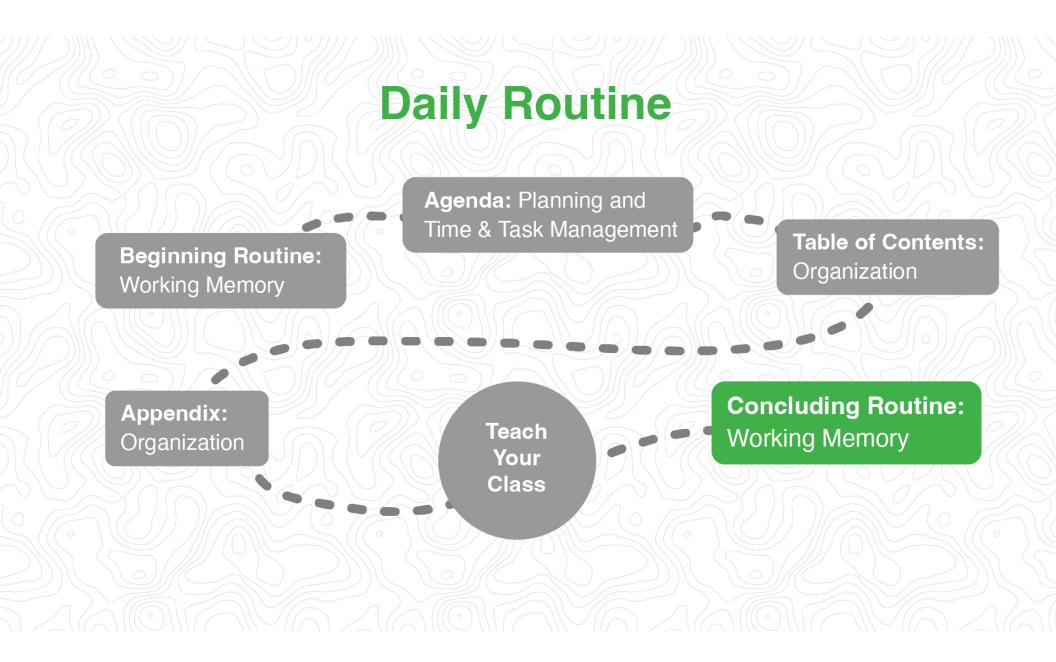
Weekly Lifeline

encluding Routine

Working Memory

Ending

Routine



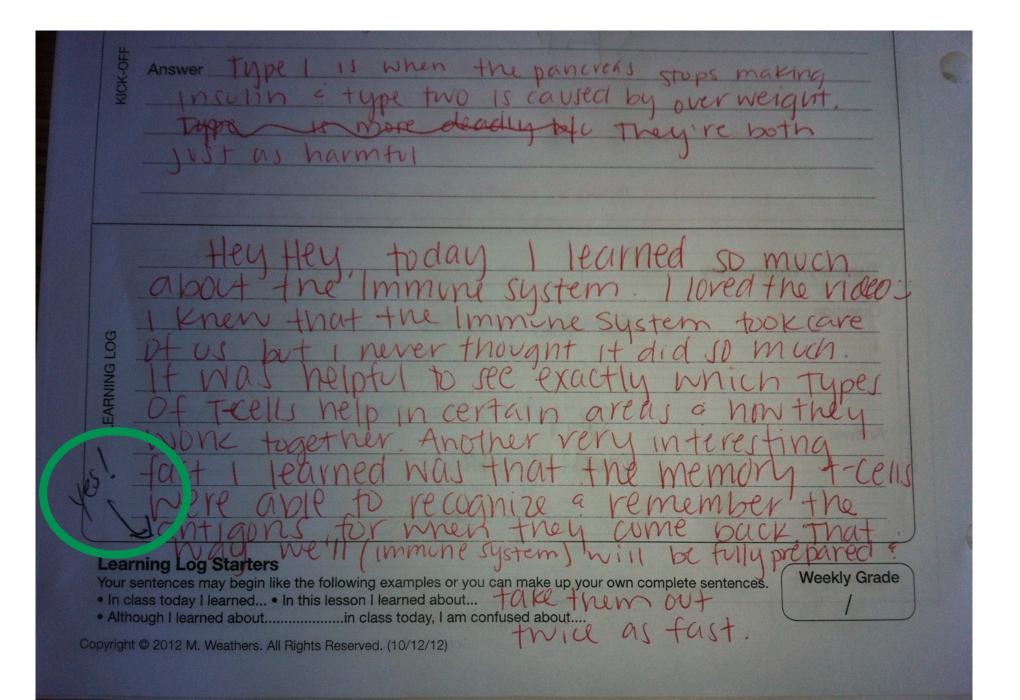


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B

Summary
The three major parts of a plant are leaves, stems,
and roots. Plants have many aspects that allow
them to thrive in their conditions, and the
way that they're structured helps them live and
grow. Each plant does photosynthesis in order to
gain energy.



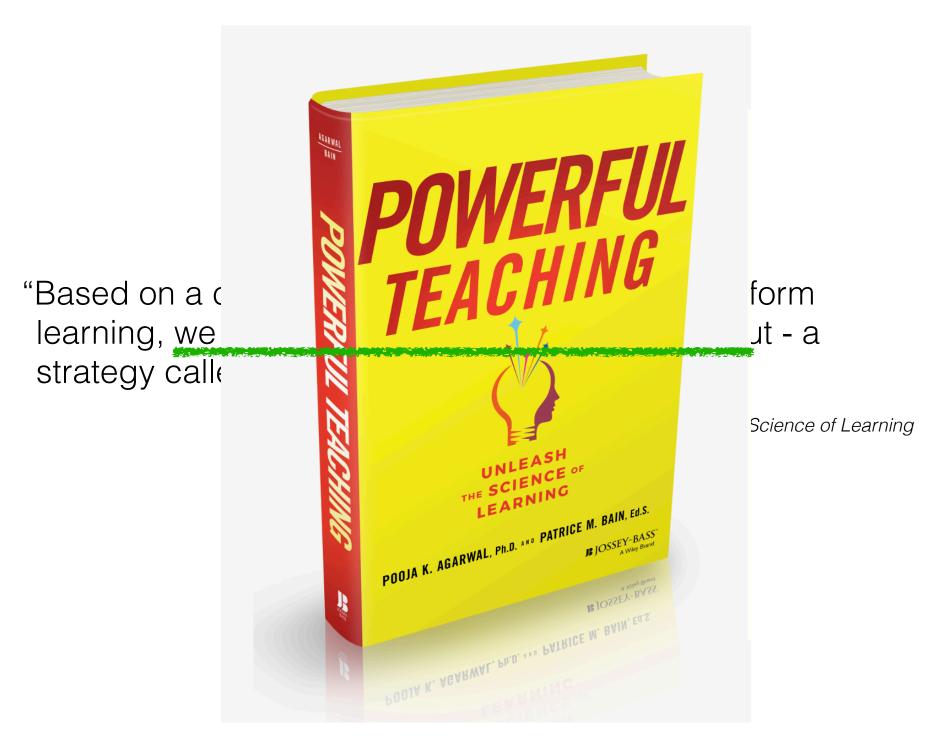




- "*Retrieval practice* recalling facts or concepts or events from memory - is a more effective learning strategy than review by rereading."
- "...if you practice *elaboration*, there's no know limit to what you can learn. Elaboration is the process of giving new material meaning by expressing it in your own words and connecting it with what you already know."

Brown, Roediger, McDaniel, make it stick - The Science of Successful Learning



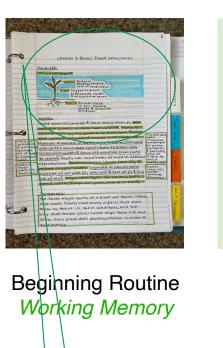




"Teachers should find ways to expose students to details multiples times - at least three -ideally no more than two days apart."

Marzano, Classroom Instruction That Works





Beginning

Routine

B) 91111		Period C				
Agenda						
Week	In Class	Homework				
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Agenda

Planning & Time

Management

	E R Name	Period	G_
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Table of Contents

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Academic Toolkit*		ncluding Routine

*Page F: Academic Toolkit may not be used each day in class.



Ending

Routine

If You Want To Learn More!

Teaching Executive Function Live Workshops How to Teach Executive Functions in Any Classroom Online Course How to Teach Executive Functions Course

Live Coaching & Ongoing Support

+

The Full Organized Binder Program





How to Teach Executive Functions in any Classroom

A self-paced course for educators serving grades 3-16.





CERTIFICATE OF COMPLETION

Executive Functioning Skills

This Certificate Acknowledges

Mitch Weathers

Has Completed How To Teach Executive Functions in Any Classroom An Organized Binder Course

March 14, 2022, 4:02 pm

Date

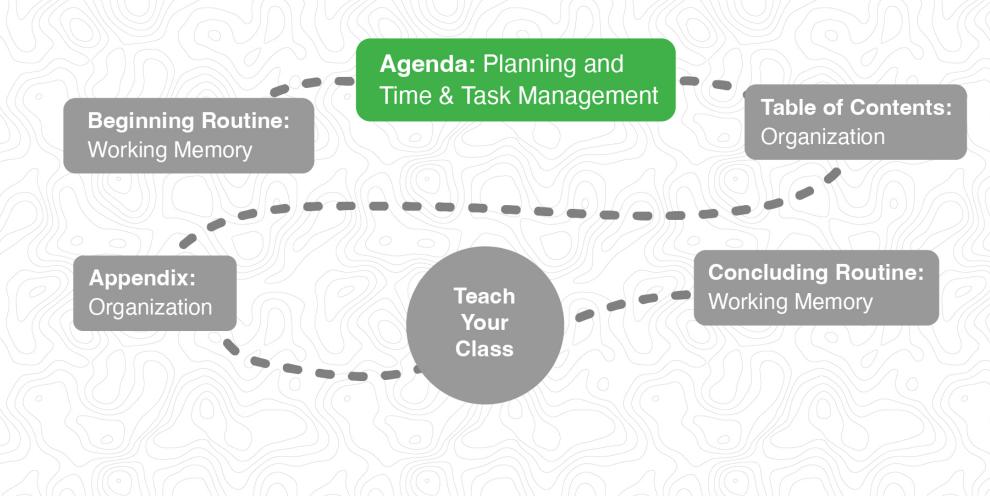


Mitch Weathers Organized Binder | Founder

Explore the course here:









Did any adult ever teach you have to maintain a calendar?







B INDER

Name Your Name Here Period 1st C1

Agenda

Week	In Class	Homework
Day Date 9/14/23	-Chemistry review -Molecule diagrams -Q&A 1-4 p. 405 (#4)	Review notes (#2)
Day Date 9/15/23	-Circulatory Notes -Diagram and coloring of blood vessels	Review #4
Day Date 9/16/23	-Pre lab set up for heart dissection	Finish Write-Up
Day Date 9/17/23		
Day Date 9/18/23		

Week	In Class	Homework
Day		
Date		
9/21/23		
Day		
^{Date} 9/22/23		
Day		
^{Date} 9/23/23		
Day		Review Lab
^{Date} 9/24/23		Report
Day	Cardio Lab Report Due	
^{Date} 9/25/23		



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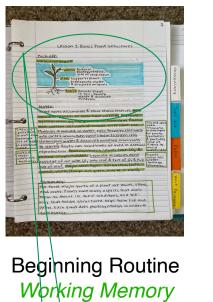
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B) Osievnišed	C	pyright © 2019 Organized Binder. All rights reserved	opyright @ 2019 Organized Binder. All rights reserve	d.	B grganizi



"You are a genius. Your last point hits on the most potent problem every student I have interviewed has an issue with. Honoring the syllabus, reading it, studying ahead of class in preparation for exams and whatnot... I am excited to see these points and to know our students will be receiving this instruction. You have elated and excited me."

Above excerpt taken from an email to Mitch Weathers from Melba Beals



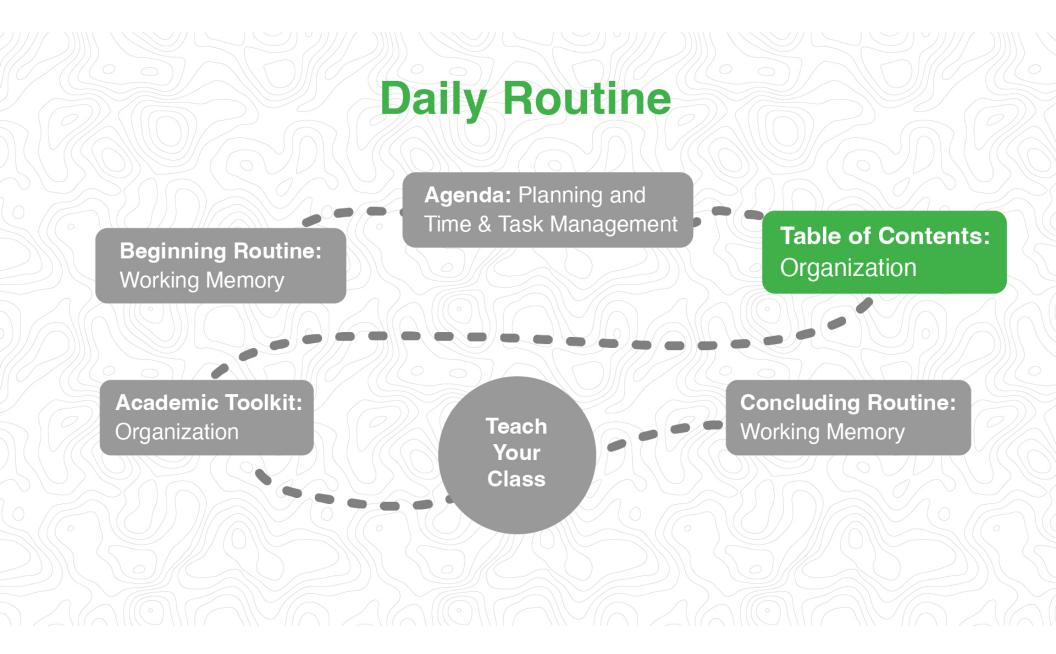


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g Routine <i>Memory</i>	Agenda Planning &Time Management	Table of Contents Organization	Academic Toolkit*	Concluding Routine Working Memory
Beginning Routine				Ending Routine

*Page F: Academic Toolkit may not be used each day in class.







Period

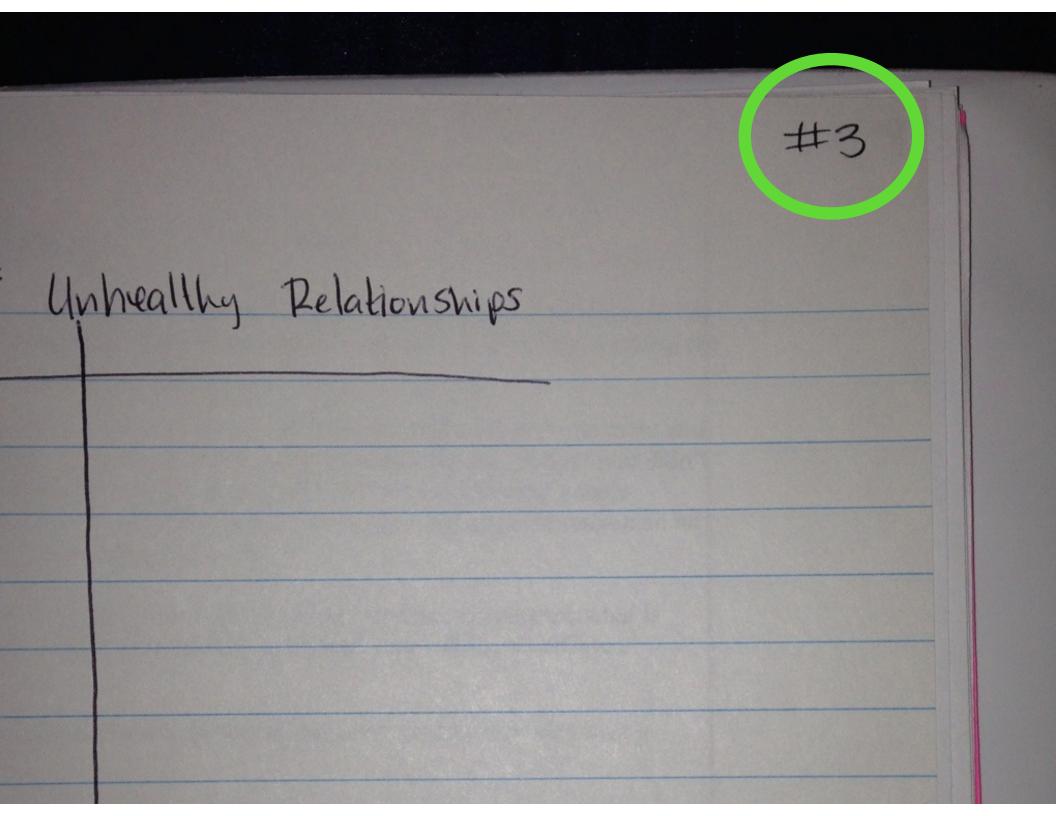
Table of ContentsUnit Cardiovascular and Respiratory Systems

Essential Question(s) for this Unit

#	Assignment	Date	Score
1	KWL Chart on the C and R systems	9/14	[/] 5
2	Notes on the Circulatory System	9/15	[/] 5
3	Heart Diagram	9/15	n′a
4	Q and A 1-4 Page 405	9/16	/ 5
5	Coloring Blood Vessels	9/22	[/] 5
6	The pathway of blood worksheet	9/22	/ 5
7	Heart Dissection	9/21	/20
8	Slideshow on a heart disorder	9/23	/15
9	Circulatory System Quiz	9/25	/15
10	Notes on the Respiratory System	9/25	[/] 5
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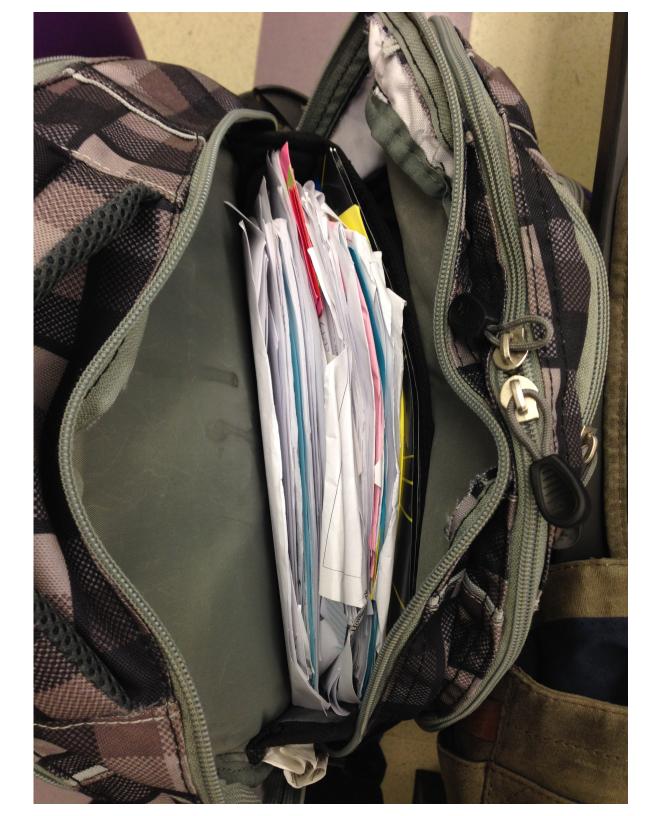
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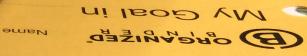
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- pens during a simple physical activity.
- he time it takes to catch a falling ruler.





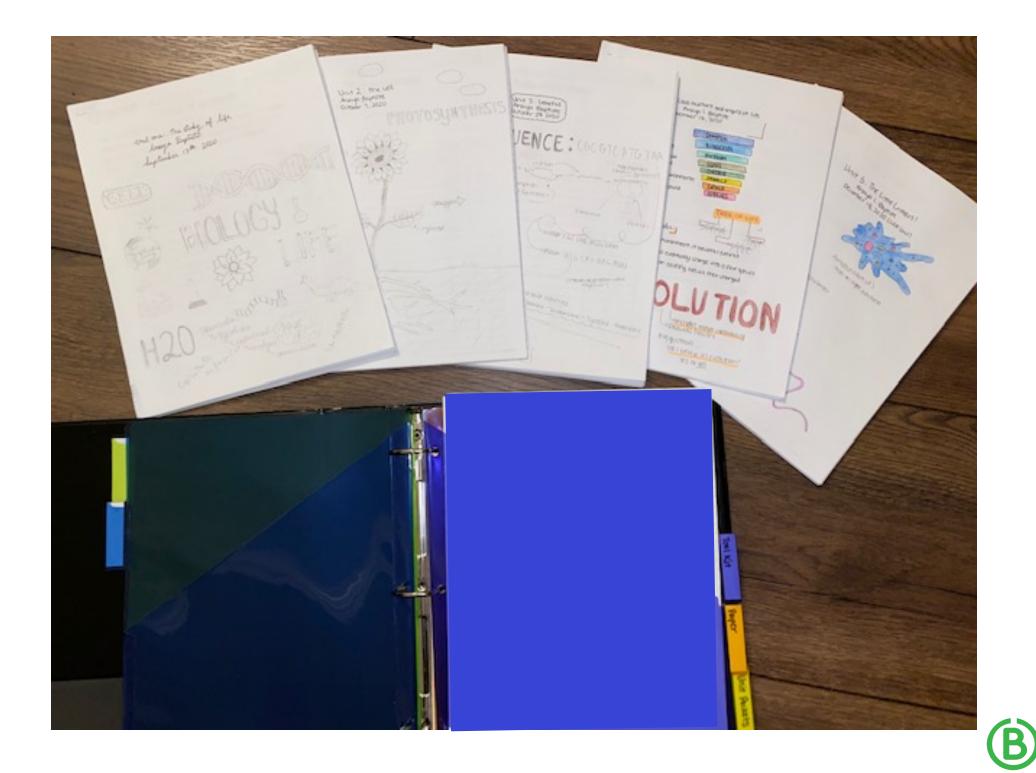


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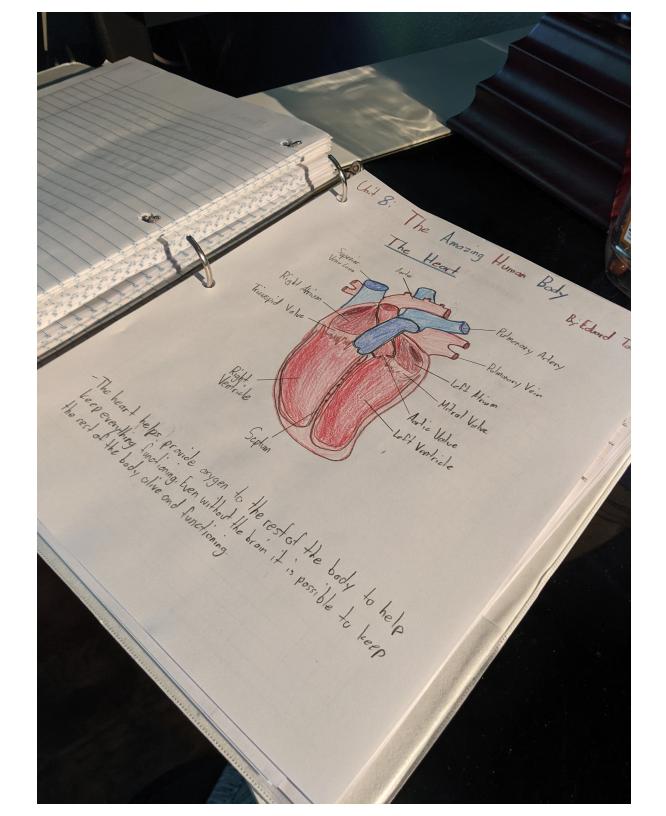
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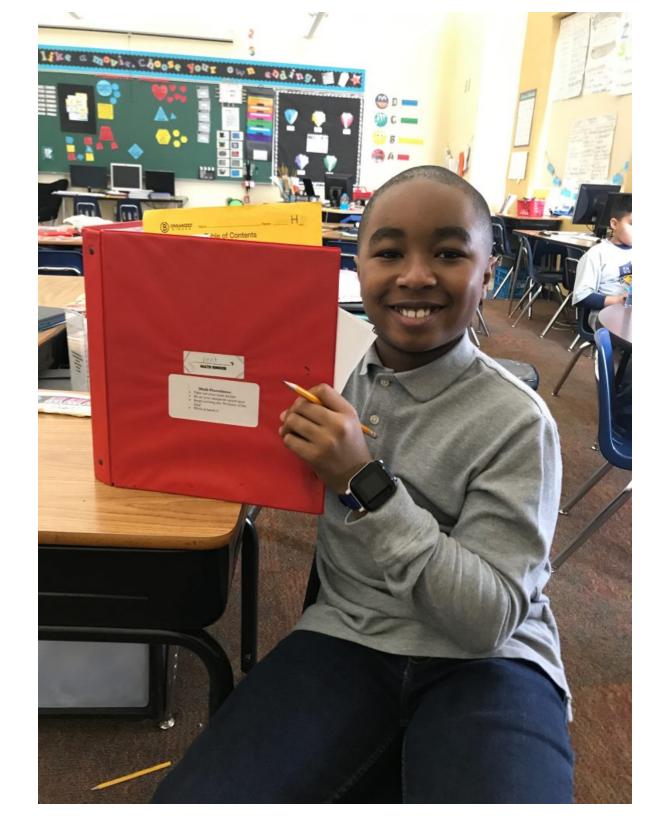








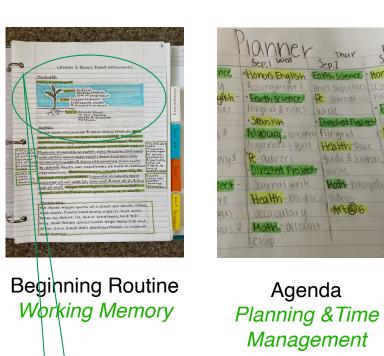










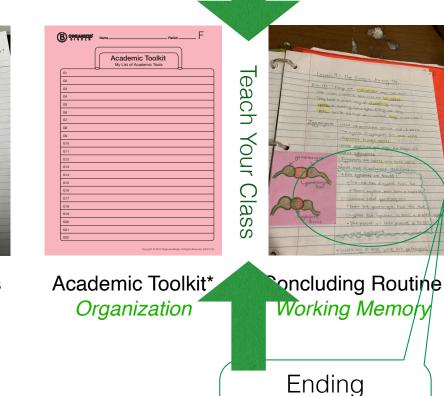


Beginning

Routine

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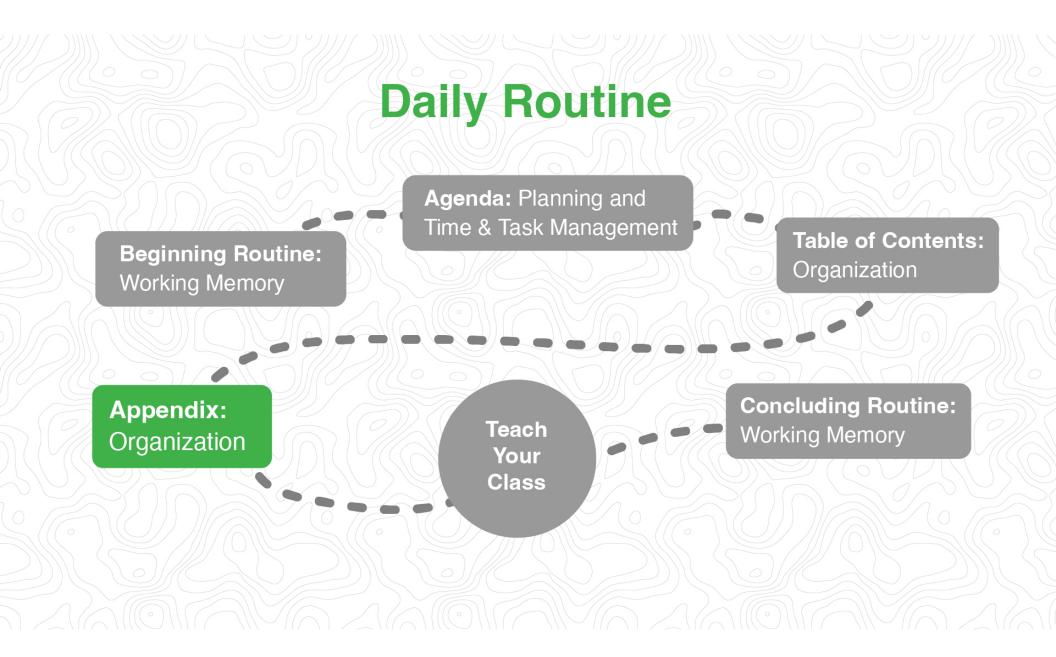
Table of Contents Organization



*Page F: Academic Toolkit may not be used each day in class.



Routine





B	DRGANIZED BINDER	Name Your Name Here	1st F	
		Academic Toolkit My List of Academic Tools		
F1	F1 The Scientific Method			
F2	F2 Academic Vocabulary			
F3	F3 Metric and Scientific Conversion			
F4 How to Write a Lab Report				
F5 How to submit an assignment using Google Docs				
F6				
F7	F7 How to upload to docs to Canvas & Google Classroom			
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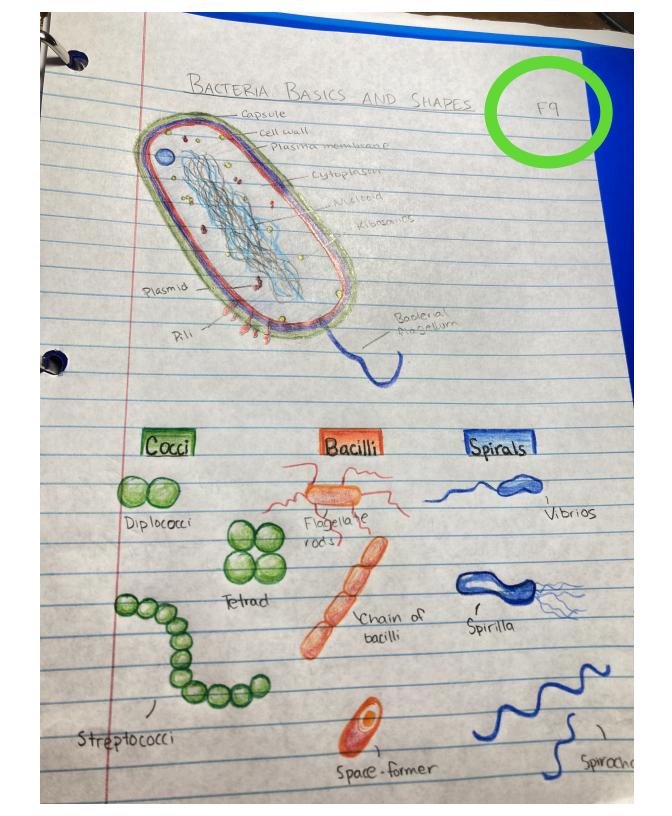


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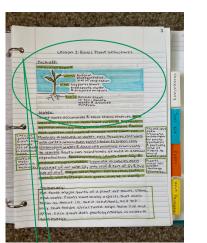
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F	(A coolemic Tool Kit) My list of Academic Tools	
F1	The scientific Method	
FZ	The Study Cycle	
F3	Characteristics of Living Things	
F4	Ladder Method for Metric Conversion	-
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FI3		-
FIH		-

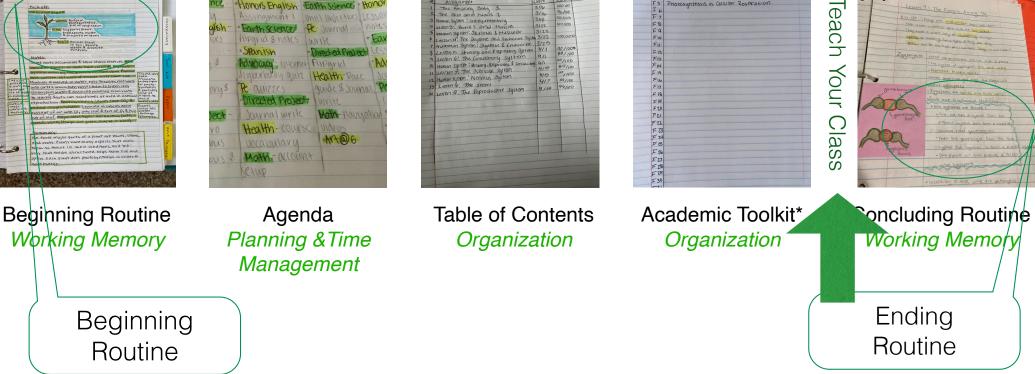












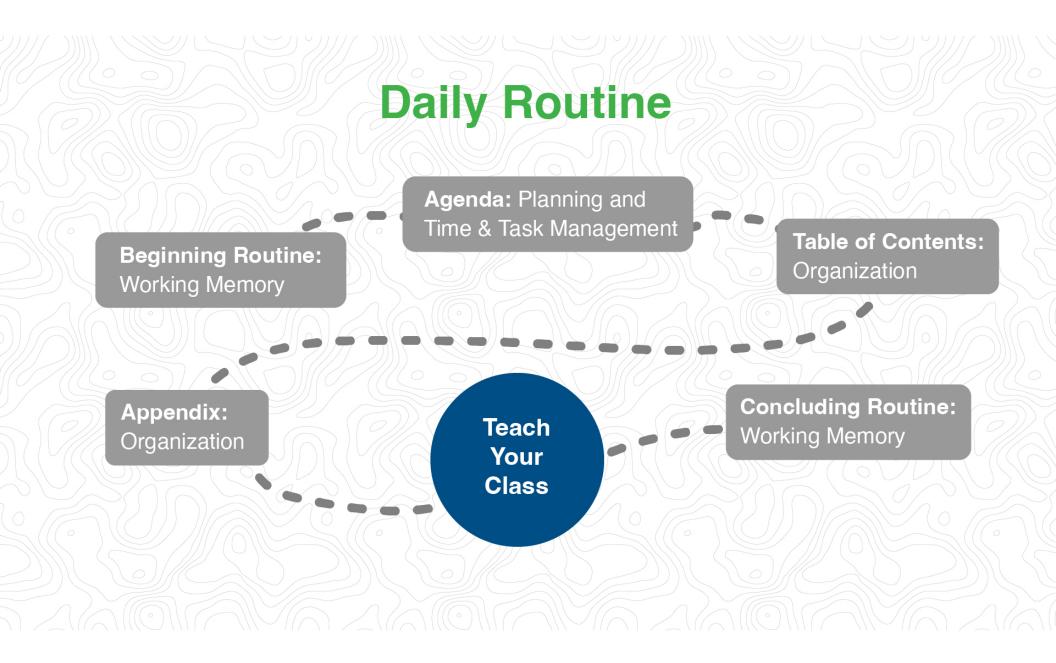
The Study Cycle

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*Page F: Academic Toolkit may not be used each day in class.

Honors English

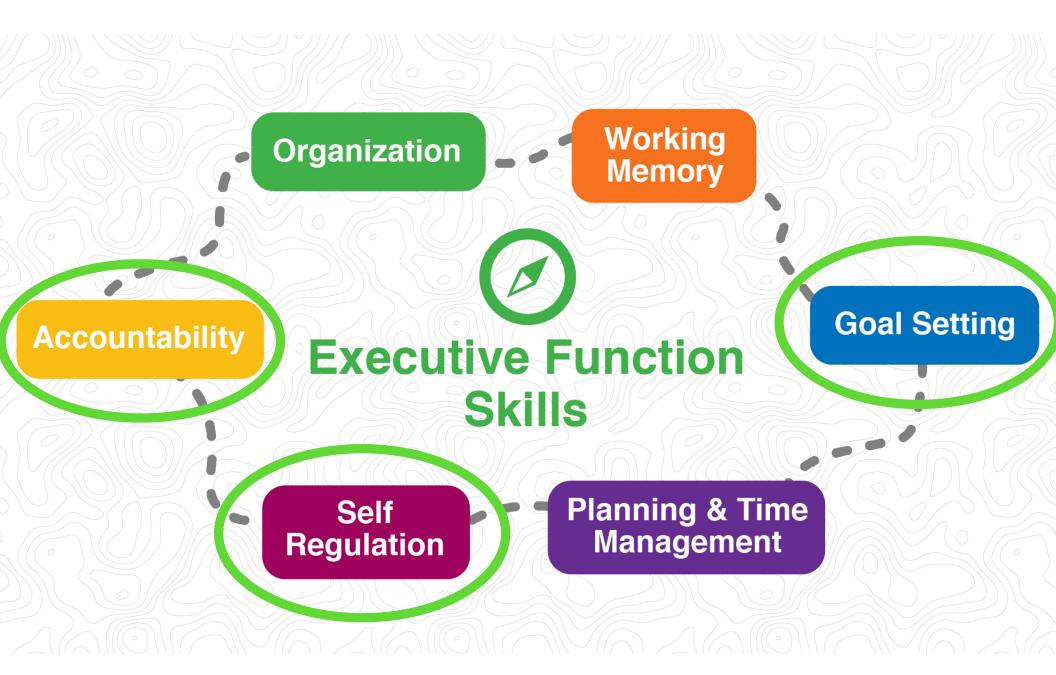






Your #1 takeaway so far?







"When you enter a new social role, such as entering college as a student, the expectations aren't always clear... Students need help not just setting vague goals but figuring out a plan to reach them."

Melinda Karp - assistant director for staff and institutional development at the Community College Research Center at Teachers College, Columbia University



BORGANIZED[®] Name Your Name Here Period 1st A My Goal in Biology

1st Term Goal My goal in Biology for quarter 1 is to pass the class.

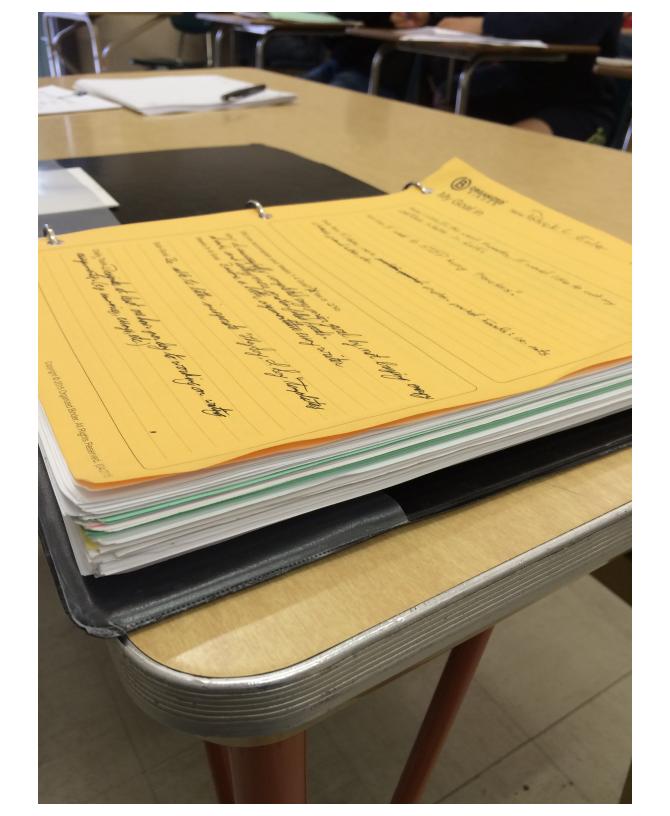
Sub-Goal I can pass Biology if I complete all of my homework.

Daily Task When I get home from school I will sit down at the dining table and finish my homework.

Did you accomplish your 1st Term Goal? 🛛 Yes or 📮 No	
Why?	
2 nd Term Goal	
Sub-Goal	
Daily Task	



B) ORGANIZED Name Vivienne James Period My Goal in Biology 1st Term Goal My first quarter goal in Biology is to pass the class. Sub-Goal I Can pass Biology if I Come to class on time each day. Daily Task I Can get to class on time if I set my alarm for Fam and get up when it rings. Did you accomplish your 1st Term Goal? Yes or Do Why? I was not late to class, because I woke up when my alarm rang. 2nd Term Goal My Second quarter goal is to earn a B in the test category. Sub-Goal I Can earn a B in the test category by asking questions in class when I don't understand something. Daily Task I Can ask questions during Class if I pay attention in class and follow along with the teacher. Copyright © 2017 Organized Binder. All Rights Reserved. (07/05/17)

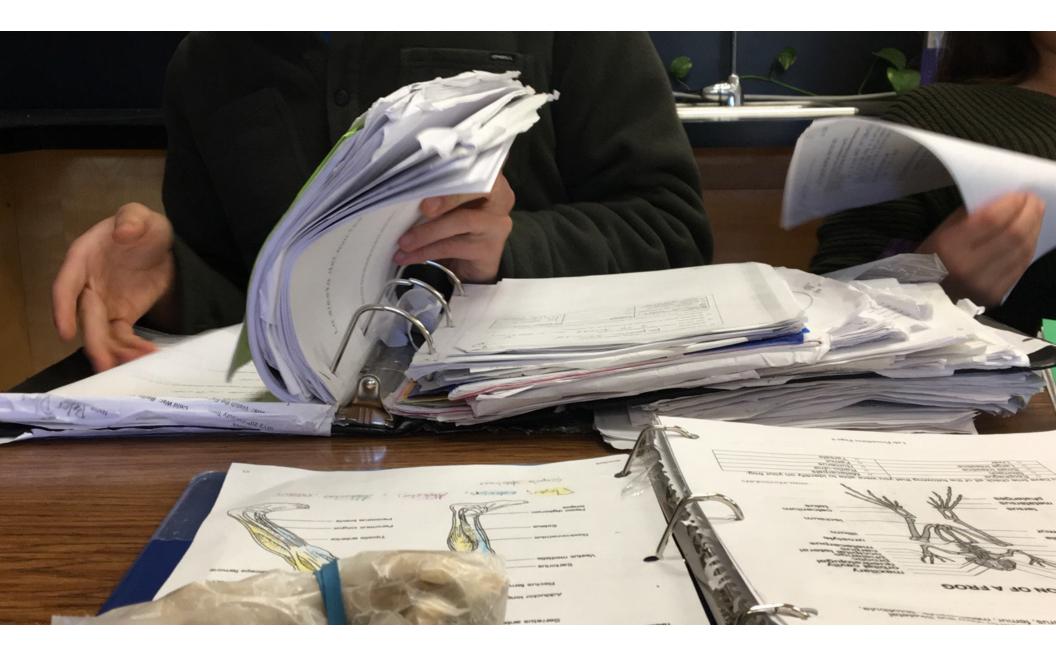


ORGANIZED B I N D F B Name Period My Goal in 4 Chapters = ~10K, 25 Trophy's 45 days et another t 1st Term Goal = 4 chapters + 25 trophy's in (45 day Sub-Goal DO 5117 Fleast 1.5 Sets/ Day 0 Daily Task

Did you accomplish your 1st Term Goal?
Yes or
No

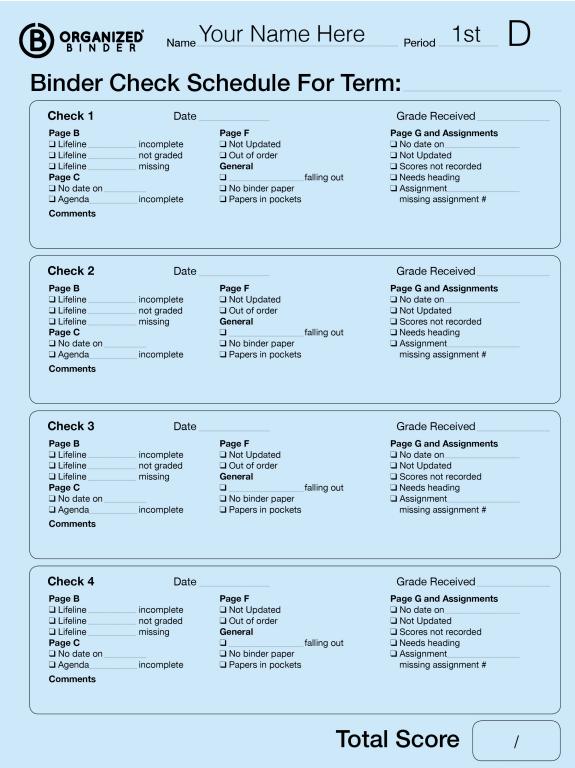
















Directions:

- 1. Check your binder or your partner's binder. If anything needs to be fixed, write it on this form.
- 2. Pages should be in the following order. Circle Yes or No and write any comments to help your partner fix his or her binder.
- 3. When you get your own binder back, fix everything so that your binder is ready for the upcoming binder check.

Binder owner Peer checker						
Contents	Missing?	Out of Order?	Torn Holes?	Heading missing or incomplete (first and last name, period, date, assignment #)	Comments	
А	Yes No	N/A	Yes No	Yes No		
B (B1, B2, B3)	Yes No	Yes No	Yes No	Yes No		
C (C1, C2, C3)	Yes No	Yes No	Yes No	Yes No		
D	Yes No	N/A	Yes No	Yes No		
E	Yes No	N/A	Yes No	Yes No		
F	Yes No	N/A	Yes No	N/A		
G	Yes No	N/A	Yes No	Yes No		
G (G1, G2, G3)	Yes No	Yes No	Yes No	Yes No		
Н	Yes No	N/A	Yes No	Yes No		
Assignments (#1, #2, #3)	Yes No	Yes No	Yes No	Yes No		
Binder paper (at least 5 pages)	Yes No	N/A	Yes No	N/A		

General comments:











BINDER	Name Your Name Here	Period 1st	Η	
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1st Term Passes From _____

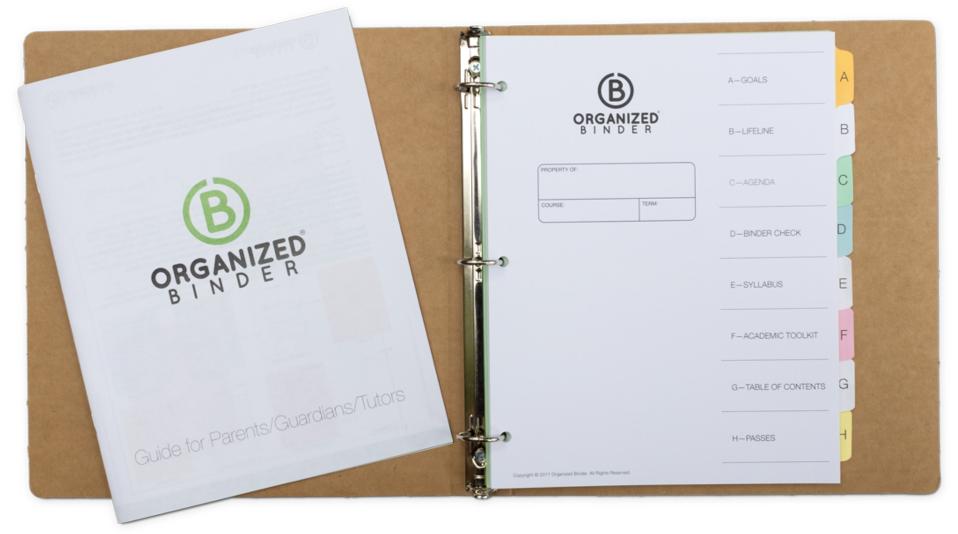
Classroom

To use: Check the reason for using the pass, fill in the date and time, **then come to me to have it signed**. You may come to me to get your pass signed as long as I am not in the middle of explaining something to the class.

First Pass		
The Bathroom	Your Locker	❑ The Water Fountain
□ The Office	Another Classroom	Dother
Date	Tin	ne Room #
Teacher Signature		
Second Pass		
The Bathroom	Your Locker	The Water Fountain
□ The Office	Another Classroom	D Other
Data	Tin	ne Room #
Date	1111	
Teacher Signature		
Third Pass		
The Bathroom	Your Locker	The Water Fountain
□ The Office	Another Classroom	Other
		ne Room #
	Tin	



Family Engagement





B I N D E R

Guide for Families

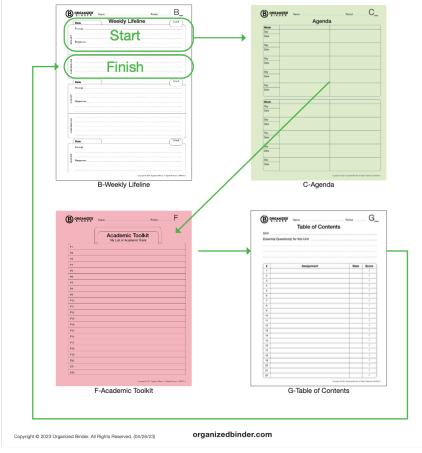


PAGES USED DAILY

Pages used daily: Pages B, C, F, and G

Organized Binder ritualizes classroom routines; making the best use of every class minute. Each class period the teacher begins with a Kick-Off Prompt on the Weekly Lifeline (Page B). Next, the Agenda (Page C) for the day is completed. Third, the day's assignments are recorded in the Table of Contents (Page G). Finally, the lesson circles back to the Weekly Lifeline, where the student completes the Learning Log section. On occasion the teacher will reference the Academic Toolkit (Page F).

Sequence of pages used daily:





З



PAGE B: WEEKLY LIFELINE

Page B: Weekly Lifeline

The Weekly Lifeline consists of the Kick-Off prompt and the Learning Log, which are used to begin and end class. Usually teachers use the Kick-Off prompt to review the previous class's content standards or objectives. If you want to know exactly what your student is learning in class, read the Kick-Off prompts.

The Learning Log is how class is concluded with Organized Binder. Each day in class your student will reflect on what was learned from the lesson and/or what was confusing. Students are required to practice using grammatically correct, complete sentences in English (academic English) when writing Learning Logs. Often, this level of English language practice is only done in English or support classes. Students gain this language practice in all subjects implementing Organized Binder.

Students have a Weekly Lifeline for each week of the semester (B1, B2, B3, etc).

How you can support:

- · Ask your student about the Kick-Off prompt(s) they worked on in class.
- Ask them to summarize the content of what they *learned* that day in class, not just what they *did* in class.
- Read your student's Learning Logs; on a daily basis if you can!

Skills Practiced:

Metacognition, reflection, organizing materials, study skills, creating study resources, belonging to an academic community.

	Date	ly Lifeline	Check				
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000	Response			3			
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					ns like the following examples or you can m . • In this lesson I learned about • I used		Weekly Grade
		Copyright © 3021 Organized Binder At Right	PS Report 05/08/15	 Although I learned about. Copyright © 2018 Organized Binder 		about • I wondler	
		the product of the second second					



PAGE C: AGENDA

Page C: Agenda

The Agenda is used to identify the content standards or objectives covered in class each day. It also provides a snapshot of how those will be taught, and whether or not there is homework. In addition, the Agenda is used to teach the skill of using a calendar. Each new Agenda page is represented by C1, C2, C3, etc.

How you can support:

- Review the Agenda with your student, being sure to ask if they have homework and when it is due.
- Look at what was done in class and ask your student to summarize what they learned or what confused them from those activities/assignments. Avoid having your student tell you "what they did in class." Ask your student about any **important** assignments or assessments coming up in the future.

Skills practiced:

Time and task management, maintaining a calendar, organizing materials, self-discipline, balancing school and other demands

	Agenda	Agenda			
Week		Week			
Day		Day			
Date		Date			
Day		Day			
Date		Date			
Day		Day			
Date		Date			
Day		Day			
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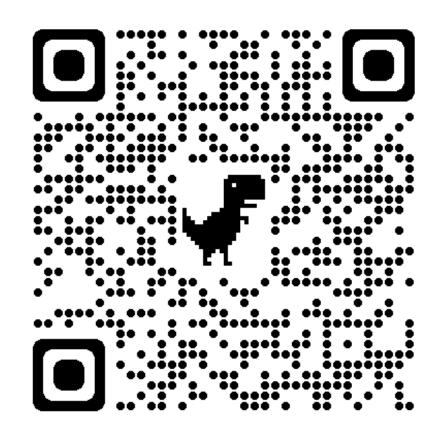
"...simply raising standards in our schools, without giving students the means of reaching them, is a recipe for disaster. It just pushes the poorly prepared or poorly motivated students into failure and out of school."

Carol Dweck Mindset: The New Psychology of Success



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