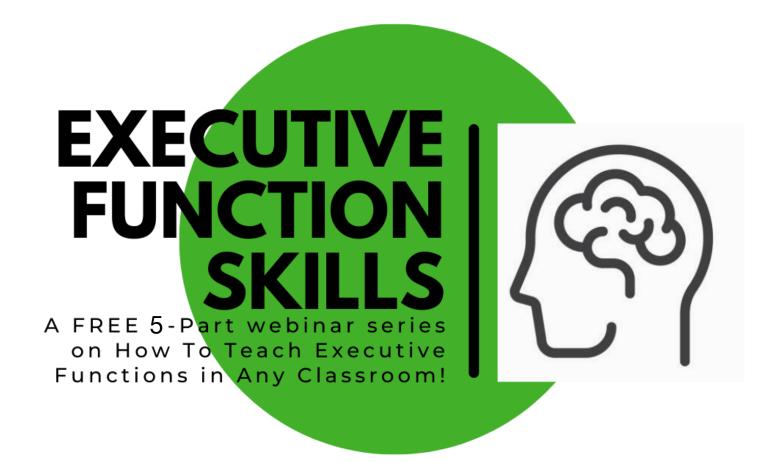
FREE WEBINAR SERIES!!!



Session 5: October 26 @ 2pm PST

Accountability and Self-Regulation



Just as we cannot expect students to automatically know how to read, we cannot expect students to automatically develop executive functioning skills like organization, time management, etc.

@mindfulteacherrachel



3 Strategies for Teaching EFs

Explicit

Modeling

Routine



Explicit

"Ambiguity is the enemy. Any successful change requires a translation of ambiguous goals into concrete behavior. In short to make a switch, **you must script the critical moves**."

Chip Heath and Dan Heath, Switch: How to Change Things When Change is Hard



Modeling

"In moving to college and career readiness for all, we must now teach some skills formerly learned by students on their own. All students need lessons and <u>modeling</u> of study and work skills like time and task management, note taking, and assignment completion strategies..."

Robert Belfanz, Putting Middle Grades Students on The Graduation Path



Modeling









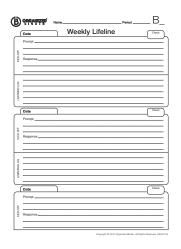
Organized Binder



A: Goals



E: Syllabus



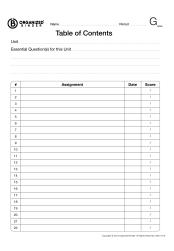
B: Weekly Lifelines



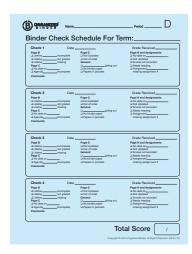
F: Academic Toolkit



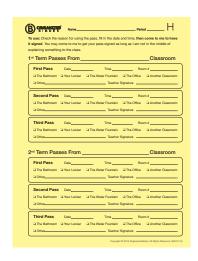
C: Agendas



G: Table of Contents



D: Binder Check



H: Passes (optional)



Routine

"One of the biggest ironies...is that many of the tools likely to yield the strongest classroom results remain essentially beneath the notice of our theories and theorists in education. Consider one unmistakable driver of students' achievement: Carefully built and practiced routines..."

Doug Lemov, Teach Like A Champion



Routine

"The importance of repetition cannot be understated. In fact, it should be repeated that repetition is an essential learning aid. It allows a conscious skill to transfer into one's subconscious, freeing up working memory and allowing for further skills learning."

The Power of Repetition



Shared Routine to Reduce Cognitive Load

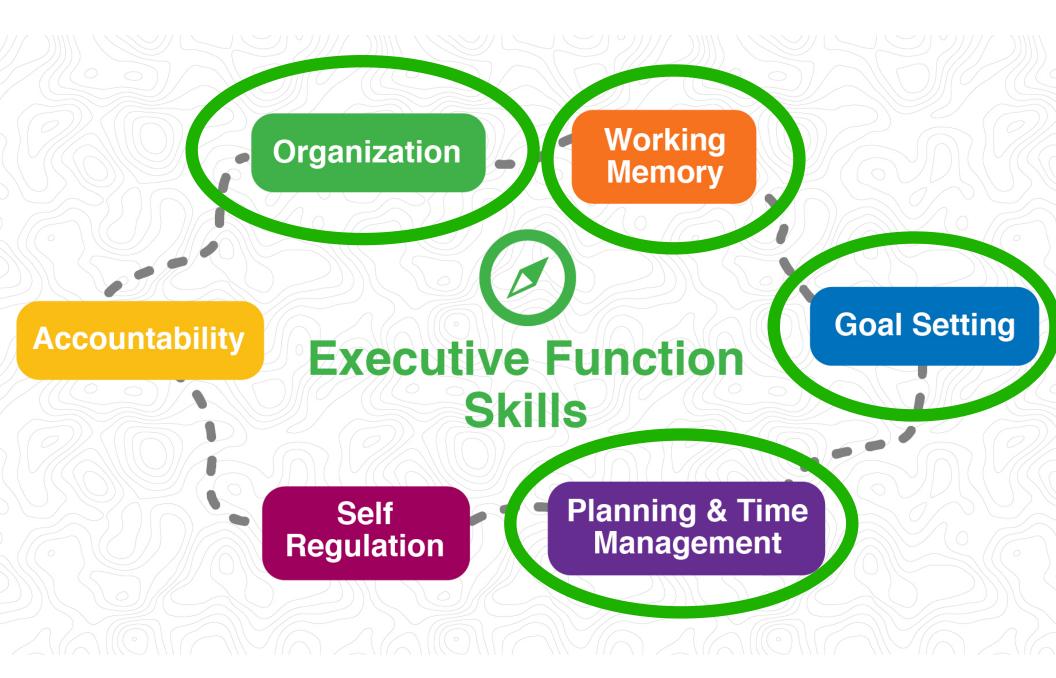
"Cognitive load" relates to the amount of information that working memory can hold at one time...since working memory has a limited capacity, instructional methods should avoid overloading it with additional activities that don't directly contribute to learning.

Cognitive Load Theory John Sweller, Paul Ayres, Slava Kalyuga

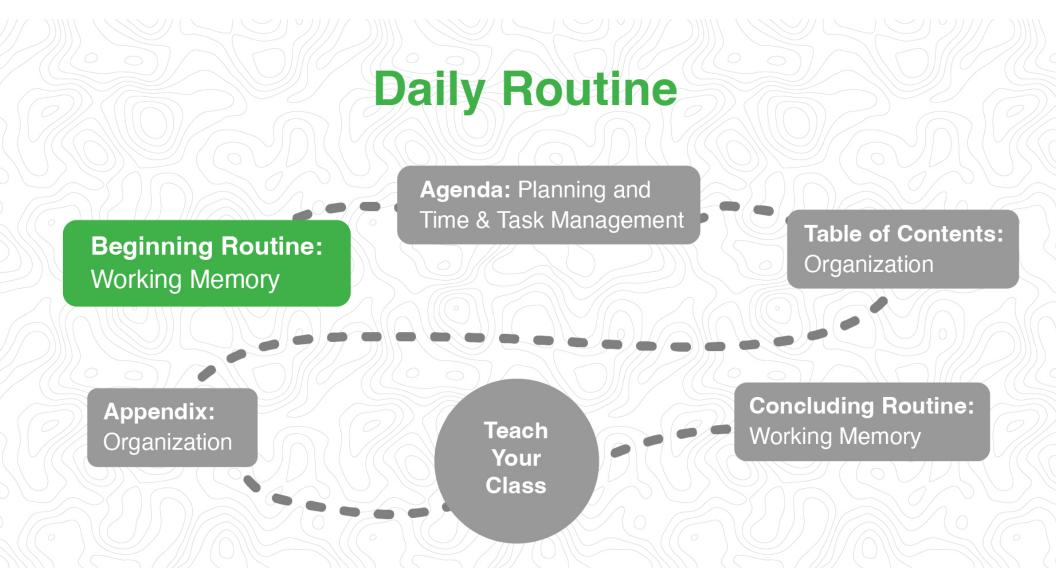


But first, let's review Session 1-4



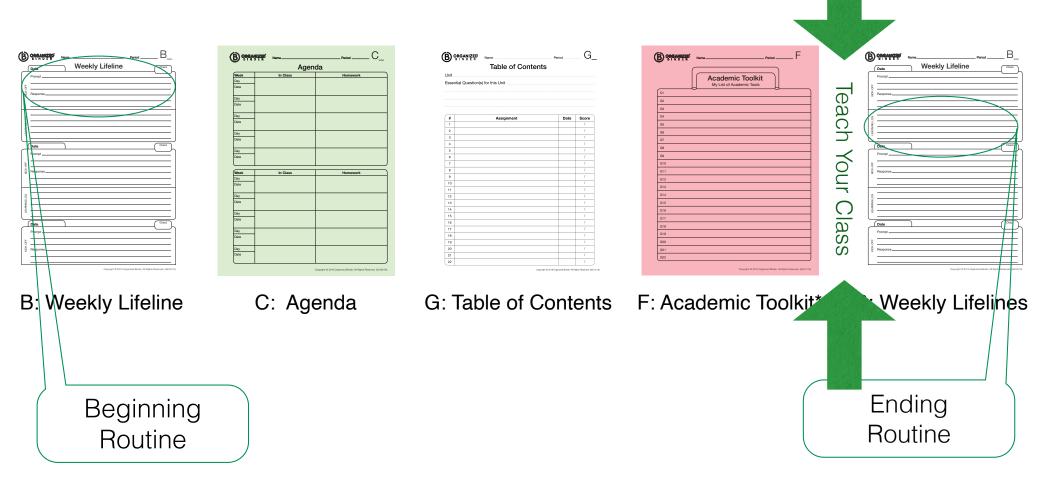








Daily Sequence: B (Kick-Off), C, G, F*, and B (Learning Log)



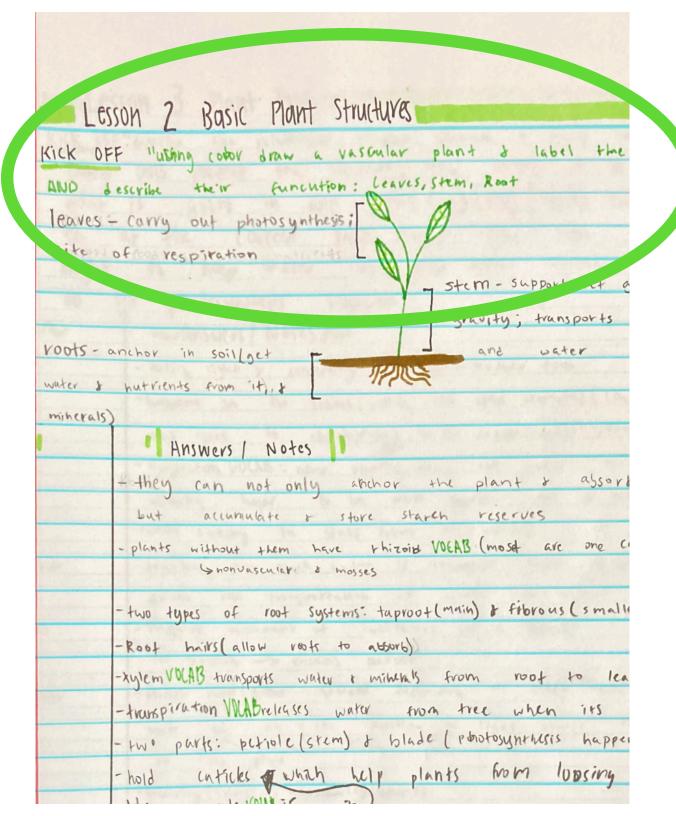
^{*}Page F: Academic Toolkit may not be used each day in class.



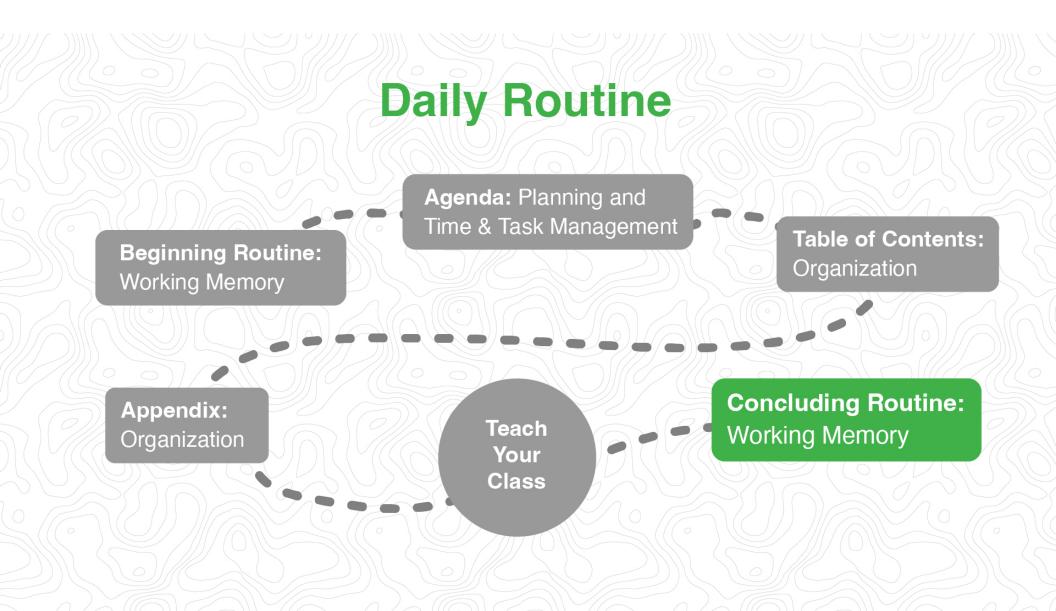
Working Memory can be described as the ability to utilize information held in memory to solve a problem or task. Students with weak working memories have more difficulties in the classroom.



(B)	ORG/	ANIZED [®]	Name	Your	· Nar	ne F	Here	[Period	1st	B <u>5</u>
		Date	9/14/22		We	ekly	/ Life	eline	9			Check
	KICK-OFF	p	ntent sp evious of k forw	day's	•	•						s the edge to
	LEARNING LOG											
	Ā	pre	9/15/22 ent spec vious da k forward	cific p ay's st	•							
	LEARNING LOG											
			9/16/22									Check
	A	pre	ent spec vious da k forward	ay's st								











Name Your Name Here

1st

LEARNING LOG		
	Date	Check
ш	Prompt.	
KICK-OFF	Response	
LEARNING LOG		
	Date	Check
OFF	Prompt	
KICK-OFF	Response	
LEARNING LOG		

Your sentences may begin like the following examples or you can make up your own complete sentences.

In class today I learned... • In this lesson I learned about... • I used to think....now I think...

• Although I learned about.....in class today, I am confused about.... • I wonder...

Answer TUPE the pancreas harmful **Learning Log Starters** Weekly Grade Your sentences may begin like the following examples or you can make up your own complete sentences. • In class today I learned... • In this lesson I learned about... Although I learned about.....in class today, I am confused about.... Copyright © 2012 M. Weathers. All Rights Reserved. (10/12/12)

(B)

Summary:

The three major parts of a plant are leaves, stems,
and roots. Plants have many aspects that allow
them to thrive in their conditions, and the
way that there structured helps them live and
grow. Each plant does photosynthesis in order to
gain energy.













The following Weekly Lifeline prompts are examples you can use in your classes. They may also prove useful for developing prompts of your own.

KICK-OFF

Homework-based

- What was easy and what was difficult about the homework?
- What was something memorable in the reading assignment?
- What was the most interesting part of the reading assignment?
- What was your process for revising the essay that you're handing in today?
- True or False: I'm caught up on my reading for today. If false, tell me what's getting in your way.
- Tell me two interesting things you have discovered in your individual research.
- What is confusing or complex about our reading assignment?
- The reading for today was interesting because ______.
- Would you recommend this book to a college student friend? Why or why not?
- I am this far along in my next assignment (give the steps)
- My assignment was ______ because _____
- The strength of my homework or assignment is ______.

More interpersonal

- What is one thing I'm excited about and one thing I'm fearful about as I start this new semester?
- Yes, No, Maybe: I'm ready to roll this semester. (I've bought the books, my enrollment is settled, my financial aid is in place, my transportation and child care are set up, and I have a time management plan)
- Time for a monthly check-in: How are things going for you in this class? What are your concerns?
- What do I plan to do over spring break (or Thanksgiving)? Give one college-based goal and one fun activity

Content-based feom the previous day's lesson

- Explain the concept of _____ in your own words.
- When I think about the concept of ______, the part I'm still confused about is...
- What are three things to think about when you're looking for _____?
- Which essay (or topic) did you choose to work on for the next assignment? Why did you choose that one?

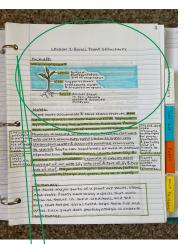
LEARNING LOG

Review of material

- Review the key ideas about _____ that we learned today.
- Even though I understood ______, I still have questions about _____.
- In my own words, what does is mean to (give a key concept from the lesson)?
- What are two new things I learned about plagiarism today?
- When I make my own chart, the columns will be labeled:
- True or False: Now I can see how to solve this problem (or construct this assignment)



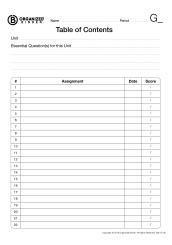
Daily Routine



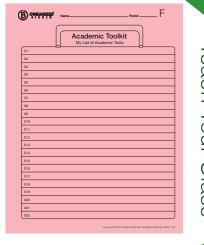
B: Weekly Lifeline Retrieval Practice



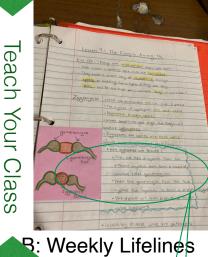
C: Agenda Make A Plan



G: Table of Contents



F: Academic Toolkit*



trieval Practice

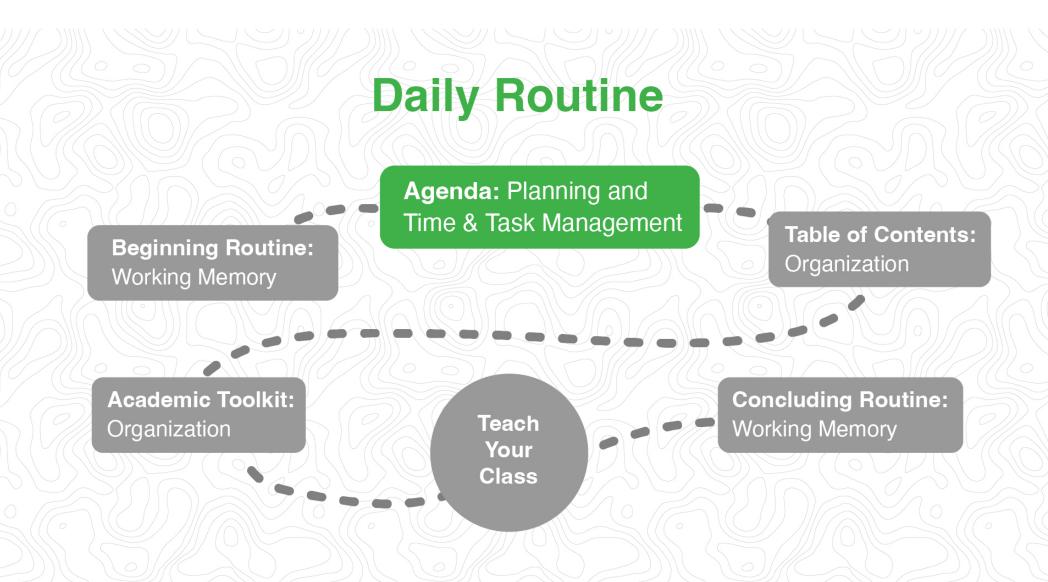
Ending Routine

Beginning



Routine

^{*}Page F: Academic Toolkit may not be used each day in class.









Agenda

Week	In Class	Homework
Day Date 9/14/22	-Chemistry review -Molecule diagrams -Q&A 1-4 p. 405 (#4)	Review notes (#2)
Day Date 9/15/22	-Circulatory Notes -Diagram and coloring of blood vessels	Review #4
Day Date 9/16/22	-Pre lab set up for heart dissection	Finish Write-Up
Day Date 9/17/22		
Day Date 9/18/22		

Week	In Class	Homework
Day		
Date		
9/21/22		
Day		
Date 9/22/22		
Day		
Date 9/23/22		
Day		Review Lab
Date 9/24/22		Report
Day	Cardio Lab Report Due	
Date 9/25/22		

To the last	Tue	Janner Fri
Part of the second	Aug. 31st	Sep. 1 wed Sep. 2 Sep 3. *Honors English Earth science + Honors English Assingment 1 Unit 1 Objections Lesson towns
10	· Earth science	Assingment Unit Objectives Lesson taking
a	· Harry Trans	The state of the s
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Fo	Unit 1 Objectives	Spanish Directed Project Lesson 18 notes
9	· Advocacy !	*Stanish Directed Project Lesson 13 hours Firegrid Advocacy
9	check in	Superbully quiz Health-Pace John nal write
		Re- Ouizzes guide & Journal Per Fitness
وا	·Pe-introductory &	Directed Protects Write Contract
-19	Sylabus	C- C-S
70	· Directed Project -	Health-course videos Review to
-	Syllabus 8 intro	TION III
-3 0	Health-Syllabus	- October - Control of the second
-3	Math-Syllabus &	Moth- account all work is
-3	Pace guide	betup I laone
-9	ince going	









Beginning Routine: Working Memory

Agenda: Planning and Time & Task Management

Table of Contents: Organization

Academic Toolkit: Organization

Teach Your Class Concluding Routine: Working Memory



Your Name Here

Period

G1

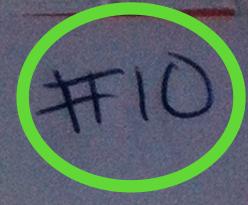
Table of Contents

Unit Cardiovascular and Respiratory Systems
Essential Question(s) for this Unit

#	Assignment	Date	Score
1	KWL Chart on the C and R systems	9/14	/ 5
2	Notes on the Circulatory System	9/15	/ 5
3	Heart Diagram	9/15	n/a
4	Q and A 1-4 Page 405	9/16	/ 5
5	Coloring Blood Vessels	9/22	/ 5
6	The pathway of blood worksheet	9/22	/ 5
7	Heart Dissection	9/21	/20
8	Slideshow on a heart disorder	9/23	/15
9	Circulatory System Quiz	9/25	[/] 15
10	Notes on the Respiratory System	9/25	/ 5
11			/
12			/
13			/
14			/
15			/
16			/
17			/
18			/
19			/
20			/
21			/
22			1

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9)	The your body	3/14/22
1	Lesson 1 - the anoping human body	3/15/22
>	Lessont - the skin and hour. Lessont - the skin and hour. Human Sastenprosed - Skin and hour Lessons - Human Sastenprosed - Skin and hour	3/16/22
	· Coc · II and Cocker by	3/21/22
4	esson 3 - bones and muscles	3/22/22
	Human System Progreet - Sheletal System Human System Progreet - Musdulan System	1/20/00
6	Human System Progret - Skertan System Systems	3/23/22
7	Cassolida Michael Dr. Stanc Sugtan	3/23/02
8	Human System Project - Dig Strue System Human System Project - Endocrine Systems Human System Project - Endocrine Systems	3/25/22
9	Homan System Project - Ender	3/28/22
		3/29/22
CONTROL OF THE PARTY OF THE PAR	1 622010-11-114000	13/1/22
		1 100
13	Human System Protect - Les piratory system	4/1/22
14	Human Syllan Prolect - circulatory system	4/5/20
15	Human System Protect - Les privatory systems Human System Protect - crevatory systems Lesson 7 - nervors system Costen Description	4/7/22
16	Human System ProSect - The newson System	4/7/22
17	Lesson 8 - The Sexed	
18	Lesson 9 - The reproductive Systems	4/18/22
19	Human system Prosect - reproductive system	4/20/24
10	VNY+8 Vocabulary	4/20/22
31		
22		and the second second

Unhealthy Relationships



Name

Date Period

es?

sory neurons, interneurons, and motor

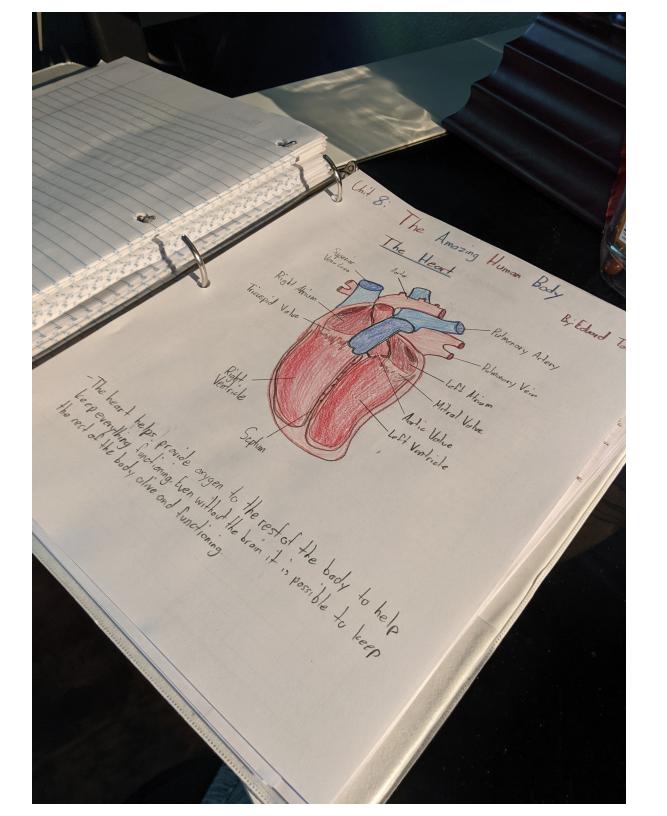
pens during a simple physical activity.

e time it takes to catch a falling ruler.

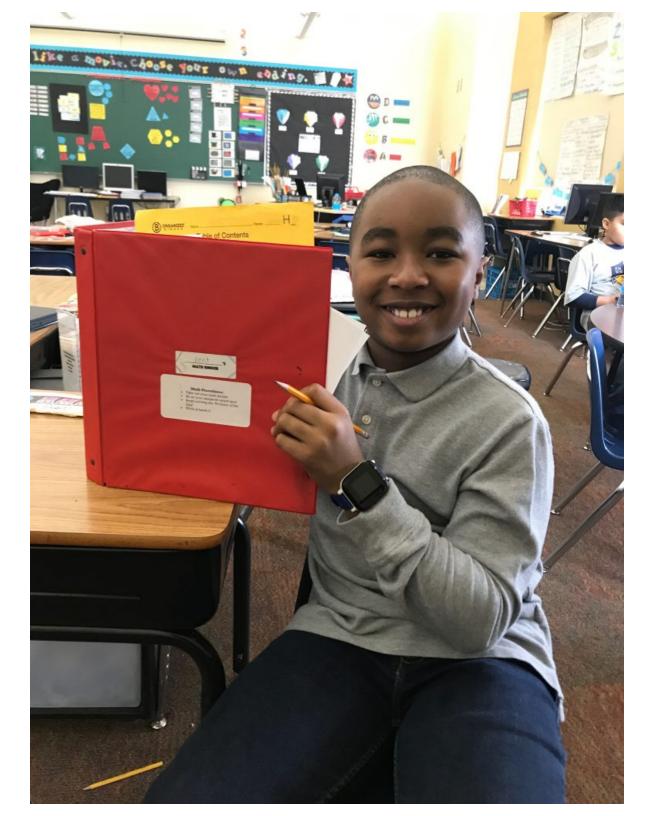










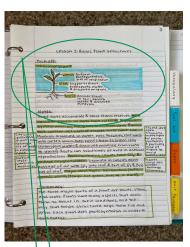








Daily Routine



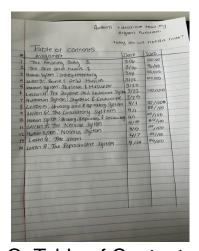
B: Weekly Lifeline Working Memory

Beginning

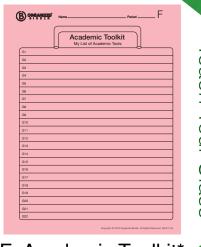
Routine



C: Agenda
Planning &
Time Management

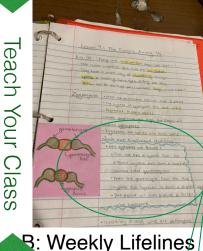


G: Table of Contents *Organization*



F: Academic Toolkit*

Build My Toolkit*

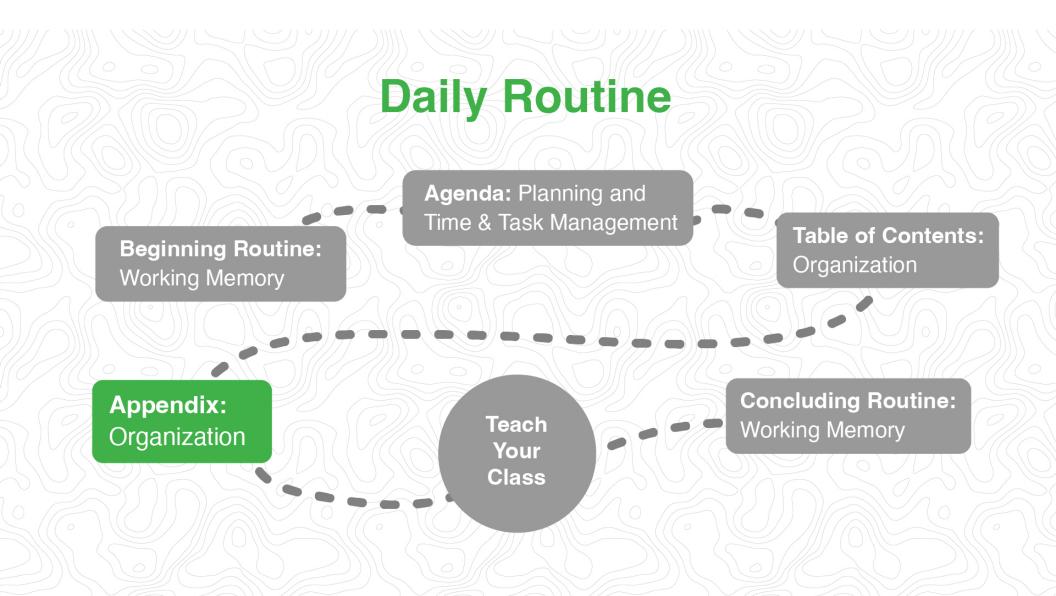


erking Memory

Ending Routine



^{*}Page F: Academic Toolkit may not be used each day in class.





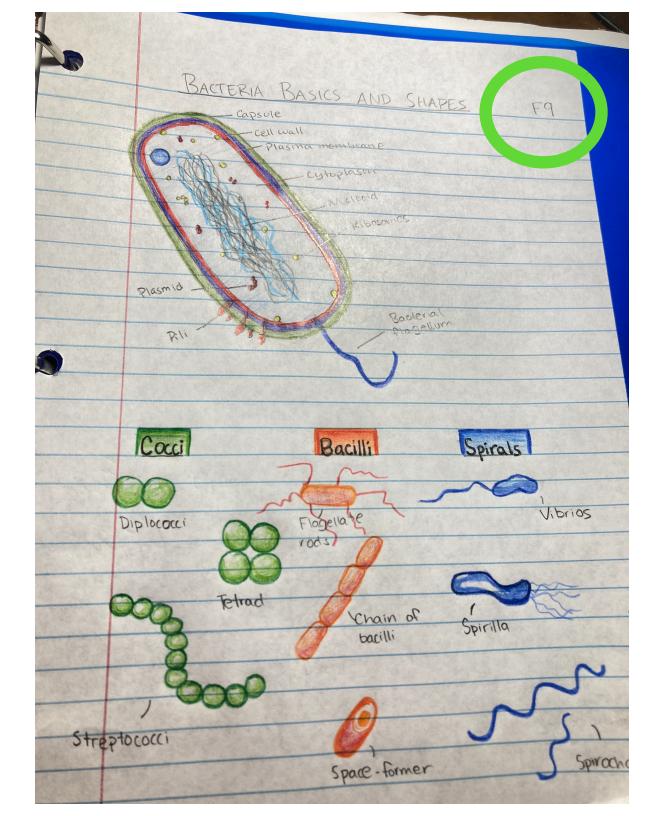
Academic Toolkit

My List of Academic Tools

,
F1 The Scientific Method
F2 Academic Vocabulary
F3 Metric and Scientific Conversion
F4 How to Write a Lab Report
F5 How to submit an assignment using Google Docs
F6 How to create an iMovie
F7 How to upload to docs to Canvas & Google Classroom
F8
F9
F10
F11
F12
F13
F14
F15
F16
F17
F18
F19
F20
F21
F22

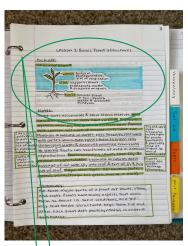
	Maniana Tool Kith	
F	(A contemic Tool Kit) My list of Academic Tools	
FI	The scientific Method	
FZ	The Study Cycle	
F 3	Characteristics of Living Things	
F4	Lander Method for Metric Conversion	
FS	Photosynthesis vs. Cellular Respiration	
F6		
F 7		
F8		
Fq		
F10		
FII		
FIL		
F13		
F14		







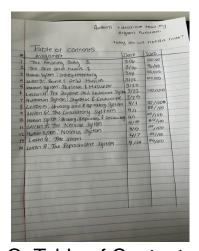
Daily Routine



B: Weekly Lifeline Working Memory



C: Agenda Planning & Time Management

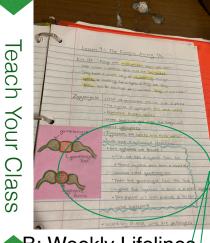


G: Table of Contents *Organization*



F: Academic Toolkit*

Organization



R: Weekly Lifelines

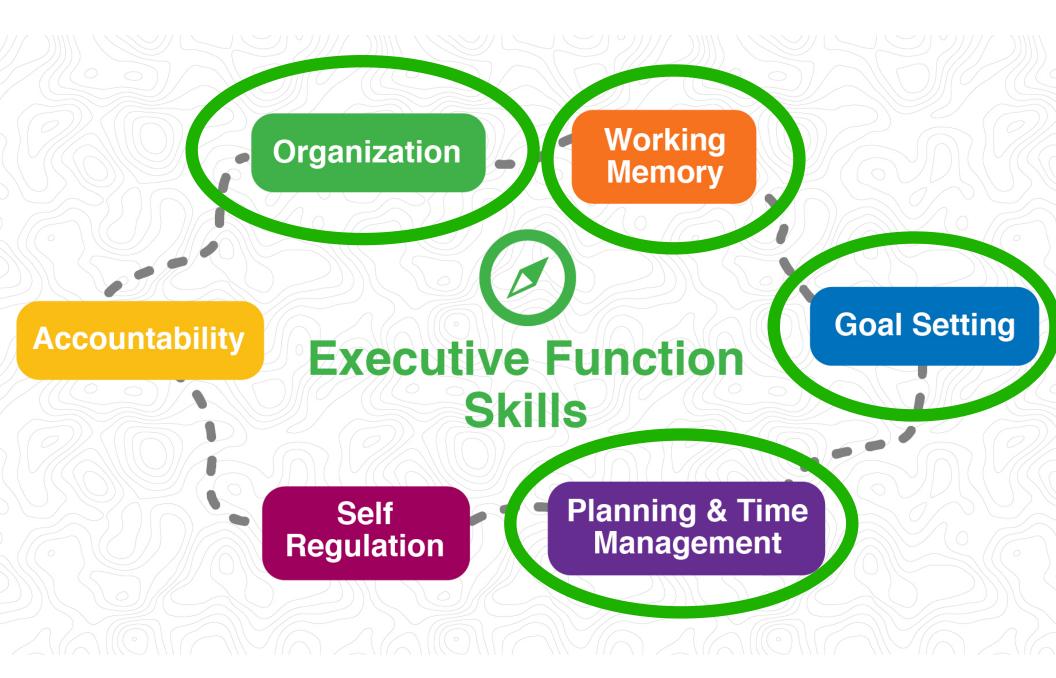
Orking Memory

Ending Routine



Beginning Routine

^{*}Page F: Academic Toolkit may not be used each day in class.





Sub-Goal

Daily Task

My Goal in Biology

1st Term Goal My goal in Biology for quarter 1 is to pass the cl	ass.
Sub-Goal I can pass Biology if I complete all of my homewo	rk.
Daily Task When I get home from school I will sit down at the dining table and finish my homework.	
Did you accomplish your 1st Term Goal? ☐ Yes or ☐ No Why?	
2 nd Term Goal	



My Goal in Biology

1st Term Goal My first quarter goal in Biology is to pass.

Sub-Goal I can pass Biology if I come to class on time each day.

Daily Task I can get to class on time if I set my alarm for Fam and get up when it rings.

Did you accomplish your 1st Term Goal?

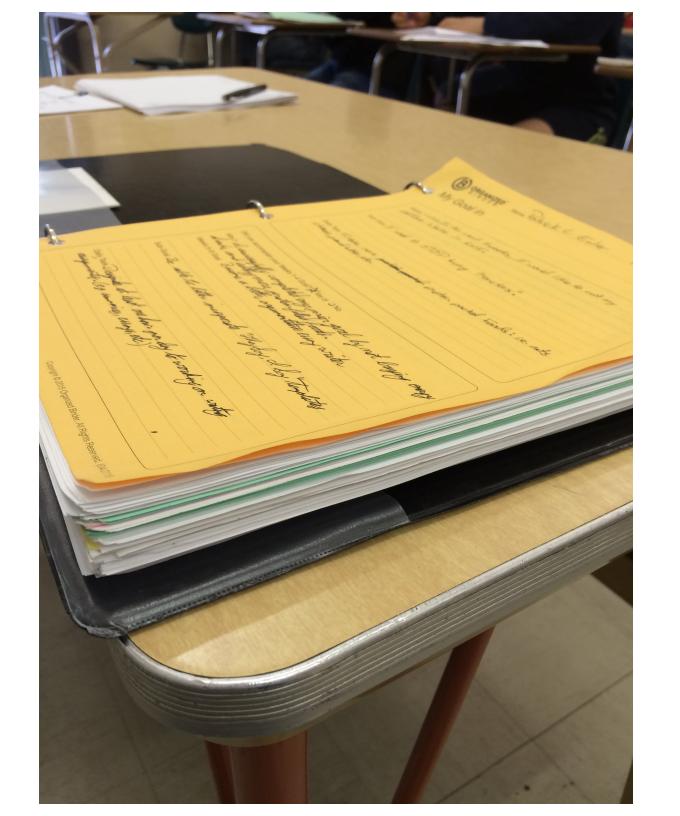
✓ Yes or □ No

Why? I was not late to class, because I woke up

when my alarm rang. 2nd Torm Goal My Second quarter goal is to earn a B in the test category.

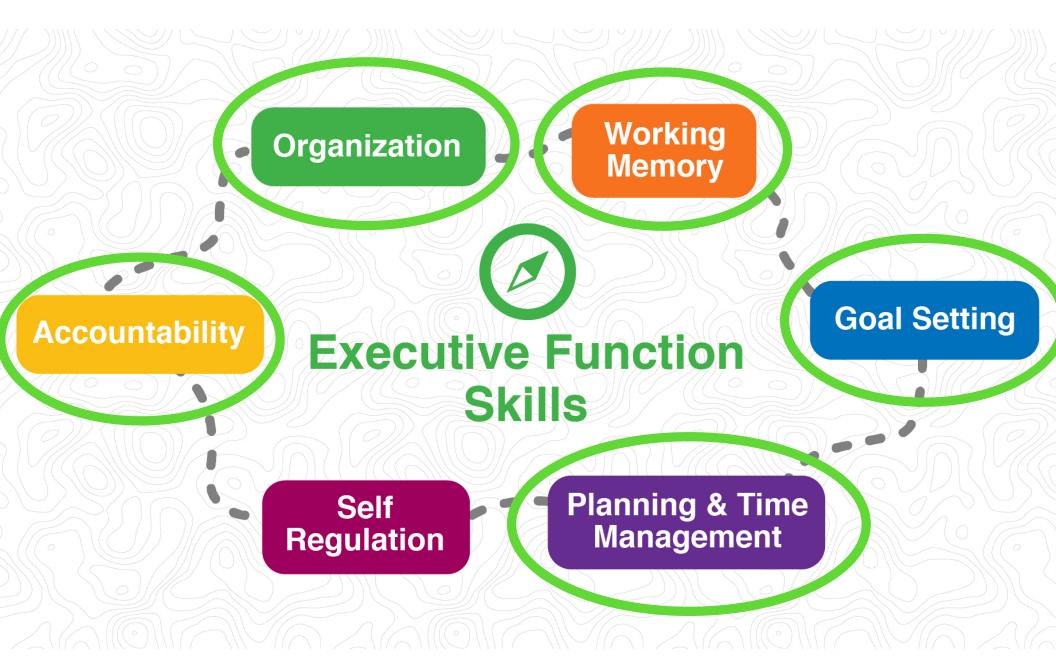
Sub-Goal I can earn a B in the test category by asking questions in class when I don't understand something.

Daily Task I can ask questions during class if I pay attention in class and follow along with the teacher.



B ORGANIZED Name	Period A
My Goal in	
4 Chapters = ~10K, 25 Troph	7's 45 days
1st Term Goal To 98+ anoth	er trophy
= 4 chapters + 25 trophy	s in 45 days
Sub-Goal Do at least I show	1102
Daily Task Do Atleast 1.5 Se.	+5/ Day
	000
((() () () () () () () () ()	8) 9 6 0 0

Did you accomplish your 1st Term Goal? ☐ Yes or ☐ No

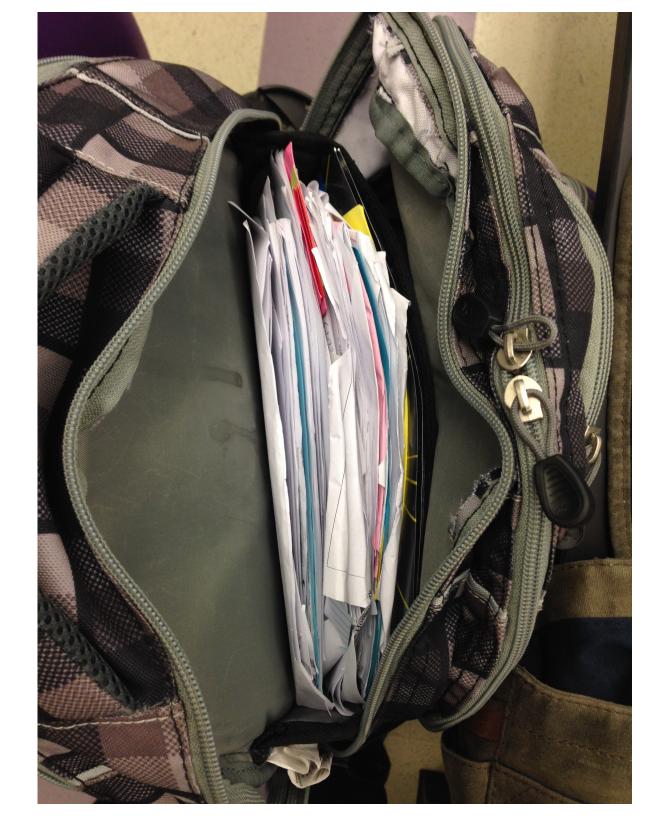




Modeling

















Name Here

Period 1st D

Binder Check Schedule For Term:

Page B		Page F	Page G and Assignments
Lifeline	incomplete	□ Not Updated	□ No date on
Lifeline	not graded	☐ Out of order	■ Not Updated
⊒ Lifeline	missing	General	☐ Scores not recorded
Page C		☐falling ou	ıt ☐ Needs heading
☐ No date on		■ No binder paper	☐ Assignment
☐ Agenda	incomplete	☐ Papers in pockets	missing assignment #
Comments			

Check 2	Date		Grade Received
Page B Lifeline Lifeline Lifeline Lifeline Diffeline Page C Lifeline on	incomplete not graded missing	Page F Not Updated Out of order General falling out No binder paper	Page G and Assignments No date on Not Updated Scores not recorded Needs heading Assignment
I Agenda Comments	incomplete	☐ Papers in pockets	missing assignment #

Page B		Page F	Page G and Assignments
⊒ Lifeline	incomplete	☐ Not Updated	☐ No date on
☐ Lifeline	not graded	☐ Out of order	■ Not Updated
☐ Lifeline	missing	General	□ Scores not recorded
Page C	-	☐falling out	■ Needs heading
■ No date on		☐ No binder paper	☐ Assignment
☐ Agenda	incomplete	☐ Papers in pockets	missing assignment #
Comments			

Check 4	Date			Grade Received
Page B □ Lifeline	incomplete	Page F □ Not Updated		Page G and Assignments ☐ No date on
☐ Lifeline	not graded	☐ Out of order		☐ Not Updated
☐ Lifeline	missing	General		□ Scores not recorded
Page C		□fa	alling out	■ Needs heading
■ No date on		No binder paper		☐ Assignment
□ Agenda	incomplete	Papers in pockets		missing assignment #
Comments				

Total Score





Directions:

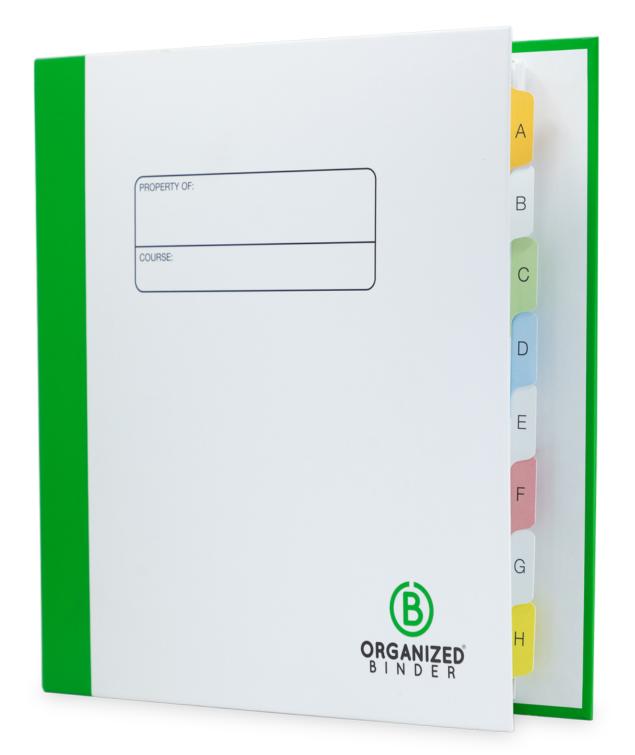
- 1. Check your binder or your partner's binder. If anything needs to be fixed, write it on this form.
- Pages should be in the following order. Circle Yes or No and write any comments to help your partner fix his or her binder.
- 3. When you get your own binder back, fix everything so that your binder is ready for the upcoming binder check.

Binder owner	
Peer checker	

Contents	Missing?	Out of Order?	Torn Holes?	Heading missing or incomplete (first and last name, period, date, assignment #)	Comments
A	Yes No	N/A	Yes No	Yes No	
B (B1, B2, B3)	Yes No	Yes No	Yes No	Yes No	
C (C1, C2, C3)	Yes No	Yes No	Yes No	Yes No	
D	Yes No	N/A	Yes No	Yes No	
E	Yes No	N/A	Yes No	Yes No	
F	Yes No	N/A	Yes No	N/A	
G	Yes No	N/A	Yes No	Yes No	
G (G1, G2, G3)	Yes No	Yes No	Yes No	Yes No	
Н	Yes No	N/A	Yes No	Yes No	
Assignments (#1, #2, #3)	Yes No	Yes No	Yes No	Yes No	
Binder paper (at least 5 pages)	Yes No	N/A	Yes No	N/A	

General comments:













Name Your Name Here

Period 1st

1	st	Term	Passes	From

Classroom

To use: Check the reason for using the pass, fill in the date and time, then come to me to have it signed. You may come to me to get your pass signed as long as I am not in the middle of explaining something to the class.

First Pass		
☐ The Bathroom	☐ Your Locker	☐ The Water Fountain
☐ The Office	☐ Another Classroom	□ Other
Date	Tir	me Room #
Teacher Signature_		
Second Pass		
☐ The Bathroom	☐ Your Locker	☐ The Water Fountain
☐ The Office	☐ Another Classroom	□ Other
Date	Tir	me Room #
Teacher Signature_		
Third Pass		
☐ The Bathroom	☐ Your Locker	☐ The Water Fountain
☐ The Office	☐ Another Classroom	□ Other
Date	Tir	me Room #
Teacher Signature_		



"...simply raising standards in our schools, without giving students the means of reaching them, is a recipe for disaster. It just pushes the poorly prepared or poorly motivated students into failure and out of school."

Carol Dweck Mindset: The New Psychology of Success



Check Out or Online Course:

How to Teach Executive Functions in Any Classroom

organizedbinder.com/go



Contact and Updates

- mitch@organizedbinder.com
- www.organizedbinder.com
- @organizedbinder
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